

ANGLICAN PARISH OF KINGSCLIFF
BULLETIN

Higher

“as it is in heaven”

VOL 56 MARCH 8 2026



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Higher

Welcome stranger! If you are visiting St James in Kingscliff or St Marks in Pottsville, this page is especially for you. We are the two Anglican Churches in this part of the world and are delighted to welcome you to our growing Parish. You can learn more by leafing through this magazine, HIGHER, our weekly bulletin, which keeps our Christian community informed and updated about all that is going on.

If you are curious to know more about our Christian faith please contact our Rector, Rev. Constantine Osuchukwu whose details can be found at the back of this bulletin. Give him a call and invite him for coffee. We are all about hospitality and the love of God here and would love you to join us. You can also get a better idea of who we are what we are about by attending worship on Sundays (8.30 - 9.30 am at St James, 10.30 - 11.30 am at St Marks) and staying on for morning tea afterwards.

**Walking
with God**

Letter from Constantine

Dear Sisters and Brothers in Christ,

Deep Gratitude

The AGM and fellowship lunch last Saturday were a great joy. Thank you to everyone for all you do to make our parish a place where people feel seen, welcomed, and loved. Your generosity and commitment are deeply appreciated.

It is certainly an exciting time at St James and St Mark's, and we thank God for the many blessings and graces we continue to receive. We look forward with hope to what God has in store for us this year and in the years ahead (Jeremiah 29:11).

Please join us in this wonderful adventure of faith as we share the good news of God's love and salvation with those who have not yet encountered our Lord Jesus Christ—or who may have forgotten about Him.

God always surprises us, but He never disappoints.

Global Peace begins with each of us

"Peace I leave with you; my peace I give you." (John 14:27)

Etty Hillesum once wrote: "All disaster stems from us. Why is there a war? Perhaps because now and then I might be inclined to snap at my neighbour. Because I and my neighbour and everyone else do not have enough love. Yet we could fight war with all its excrescences by releasing, each day, the love that is shackled inside us, and giving it a chance to live."

Mother Teresa reminds us that *"peace begins with a smile."*

Kofi Annan observed that *"in war, we are all losers."*

And Pope Francis had repeatedly said that *"war is always a defeat."*

Please continue to pray for peace in the Middle East and throughout our troubled world. May the Prince of Peace grant us peace today and peace at all times.

The Meaning of Lent

Let us use this Lenten season to deepen our friendship with Jesus. May the Holy Spirit help us to love God wholeheartedly, to accept ourselves as God's beloved children, and to love others with Christ's compassion.

A simple way to reflect on the meaning of Lent is through the letters of the word itself.

L – Lengthening of Days

The word Lent comes from the Old English word *lencten*, meaning “lengthening,” referring to the lengthening days of spring in the northern hemisphere. Over time, it became associated with the season of preparation for Easter. In the Christian tradition this forty-day period (*Quadragesima*) prepares us to celebrate the Paschal Mystery—the Passion, Death, and Resurrection of Jesus. Lent can therefore be seen as a spiritual spring, when through prayer, fasting, and almsgiving we grow and mature in our Christian life.

E – Encounter with Jesus

Christianity is not merely a set of ideas or moral principles; it is a living relationship with Jesus Christ. Lent is therefore a time of grace and renewal—a time to rediscover and deepen our encounter with Him and to renew our baptismal calling as children of God. As Scripture reminds us: “*For God so loved the world that he gave his only Son...*” (John 3:16).

N – No to Sin

In the wilderness Jesus resisted the temptations of *power and selfish pleasure* (Matthew 4:1–11). In the same way, Lent invites us to confront the temptations in our own lives. Strengthened by prayer, fasting, and acts of charity, we are called to say no to sin and selfishness, and yes to love.

T – Turn to God with All Our Hearts

The prophet Joel calls us to “*return to the Lord with all your heart*” (Joel 2:12). Lent invites us to turn back to God wholeheartedly through repentance and conversion of life. As Billy Graham once said, “*Being a Christian is more than an instantaneous conversion—it is a daily process of growing to be more like Christ.*”

God bless you and your families.

In Christ, *Constantine*

Food for Thought:

Justin Martyr sketched Christian love in this way:

“We who used to value the acquisition of wealth and possessions more than anything else now bring what we have into a common fund and share it with anyone who needs it. We used to hate and destroy one another and refused to associate with people of another race or country. Now, because of Christ, we live together with such people and pray for our enemies.”



LENT
Prepare



Closing Prayer for a Meditation Group

May this group be a true spiritual home for the seeker, a friend for the lonely, a guide for the confused.

May those who pray here be strengthened by the Holy Spirit to serve all who come and to receive them as Christ, Himself.

In the silence of this room may all the suffering, violence and confusion of the world encounter the power that will console, renew and uplift the human spirit.

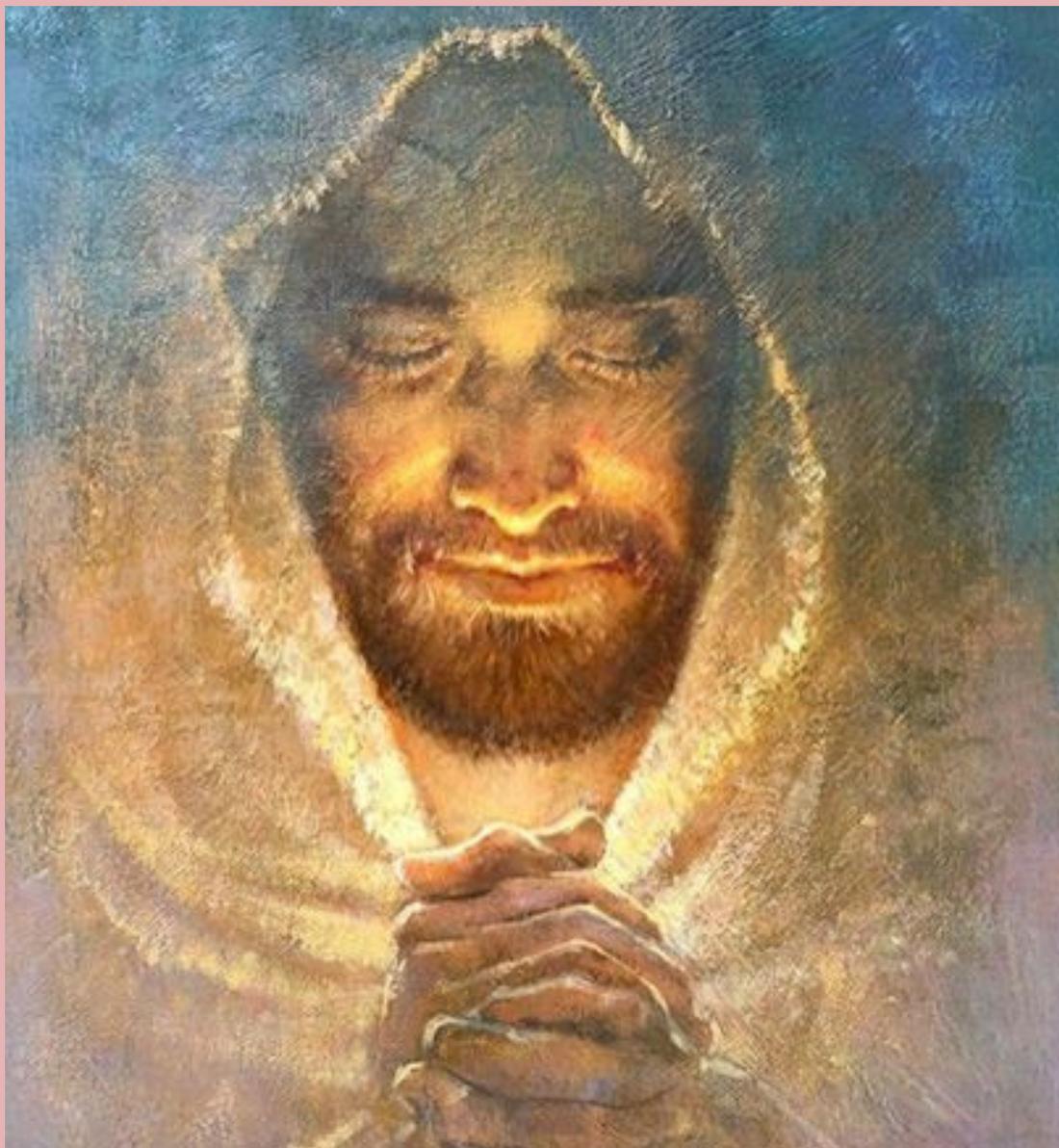
May this silence be a power to open the hearts of men and women to the vision of God, and so to each other, in love and peace, justice and human dignity.

May the beauty of Divine Life fill this group and the hearts of all who pray here with joyful hope.

May all who come here weighed down by the problems of humanity, leave, giving thanks for the wonder of human life.

We make this prayer through Christ our Lord.

~Laurence Freeman, OSB



New Parish Council to Meet

Fresh from their election to office at the AGM last Saturday, the new Parish Council will meet in the Parish Hall from 5.30 pm on Wednesday. New matters to be considered include the upcoming Easter events, the hire of the hall to Anglicare for use as a Food Pantry, security cameras for the St James courtyard, and other pressing concerns.

The Parish Council for 2026 is :

Rector's Warden

Centre Warden (St James)

Centre Warden (St Marks)

Treasurer

Councillor

Councillor

Councillor

Councillor

Councillor

Jason Saltearn

Steven Elworthy

Brian Wyver

Terry McNellee

Peter Pine

Debbie Clarke

Phil George

Raewyn McAuley

Bevan Kindt

New Parish Rolls

Redacted copies of the Parish Roll (edited to protect the privacy of parishioners) are available from the Wardens, upon request.

Consecration of Bishop Tiffany

At 4 pm on Thursday 12th, Archdeacon Tiffany Sparks is being consecrated as the new assistant Bishop of the Diocese at a special ceremony at Grafton Cathedral. Please keep Tiffany in your prayers.

The Diocese invites financial contributions towards Episcopal items of office. If you would like to contribute please put donations in an envelope marked 'Tiffany' and place it in the offertory plate. Any payments into our bank account, please use 'Tiffany' as the reference.

Sing to Connect

You are invited to experience the wonder and joy of singing with others. Led by experienced Music teacher and Music Therapist, Wendy Hawkins, Sing to Connect will resume at St James on Friday mornings, from March 20, from 9.30-11.00 am.

All are welcome and we will be singing a variety of song styles from traditional to gospel and contemporary. The cost is a Gold coin donation weekly or \$20.00 for the rest of the year. For more information please phone Wendy on 0421651524.

Lenten Studies

Lenten studies continue to run from Monday to Wednesday throughout Lent across both Churches. Rev. Constantine, Margaret, Pam and Rev Graeme are leading groups in the study of "Lectio365 : The Desert Fathers and Mothers".

“True North”

The True North” series examining masculinity and men’s role in society started in Cabarita on Thursday, Feb 12th and continues each week through to Easter. Please contact Peter Pine if you would like to join the group of 8 or so regulars who are enjoying this series and the opportunity to connect with other blokes to talk about the things that really matter

Disaster Recovery Training Poster

Anglican North Coast is running a Disaster Recovery Training at All Saints in Murwillumbah on Tuesday 17 March. If you’re willing and able to help out when disaster strikes this training is for you. All the details are in the poster at the back of this edition of Higher,

Easter Dates

Palm Sunday

8.30am – St James

10.30am – St Mark's

Maundy Thursday (2 April)

7.00pm – Mass of the Lord's Supper with Washing of the Feet (St James), followed by Silent Prayers & Adoration till 10pm.

Good Friday (3 April)

9.00 am -Liturgy of the Passion (St James)

10.30am – Stations of the Cross (beginning at St Anthony's)

3.00pm – Liturgy of the Passion (St Mark's)

Holy Saturday – Easter Vigil (4 April)

7.00pm – Holy Communion Service (St James)

Easter Sunday (5 April)

8.30am – St James

10.30am – St Mark's

Planning Meeting for Stations of the Cross

March 10th – Friday, Apr 3 with St. Anthony's

Lenten Quiet Day Mt Carmel

On March 14th there will be a Lenten Quiet Day at Mt Carmel

Contemporary Service This Sunday, 8 March at 5pm

The monthly contemporary service at St James returns at 5 pm on March 8th. Guest speaker Joshua Quiah will share his life story from being born into a Sunni Muslim family in Sierra Leone and becoming a Christian after hearing the gospel preached by a German evangelist. He came to Australia as a refugee and now works in mental health clinics. Please Join us this Sunday, March 8th from 5pm to hear Joshua's story along with great worship and prayer with wonderful music and fellowship. Also everyone is welcome to join us for a pub meal afterwards.

Office Relocation Underway

Huck and his merry men were hard at work this week preparing the downstairs of the Rectory for the relocation of the Parish Office. What would we do without them? Good on you fellers!



Labyrinth Walk and Healing Service

Please join us for a labyrinth walk at 9am on March 7th, led by Randal & Susan Dennings.

Also, a Healing Service at 5pm in the afternoon at St James. There is still time to register if you would like to participate.





DISASTER RECOVERY TRAINING

Be ready. Be compassionate. Support your community when disaster strikes.

What is Disaster Recovery Training?

- Community-based
- Practical + emotional support
- Floods, bushfires, storms
- Local North Coast focus

Who Should Attend?

- Community members
- Church / community groups
- People wanting to help locally
- No emergency experience required

How is the training delivered?

- Face-to-face local sessions
- Short online modules
- Practical, accessible
- No prior experience required

What does the training qualify you to do?

- Support people at evacuation & recovery centres
- Provide emotional and practical assistance
- Distribute essential supplies
- Work alongside Anglicare and partner agencies

Training details

Date: _____

Time: _____

Location: _____

Catering: _____

Want to know more or get involved?

www.anglicarenorthcoast.org.au

(02) 6645 1244 | 0429 329 777

oweng@anglicarenc.org.au

Volunteering is flexible and based on your availability.

bca

bush church aid



Going the distance



**PLEASE HAND YOUR BOX TO YOUR BCA
MISSION CONTACT NOW.
THANK YOU.**

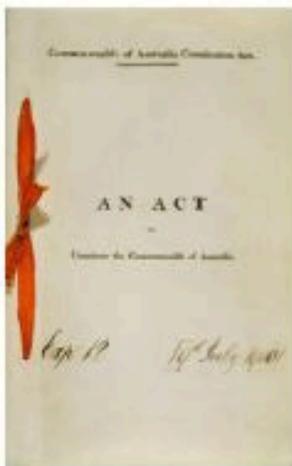
MISSION CONTACT: *Jenny McNallee*

Hats off!

to our

Federal Constitution

Want to know more about Australia's Constitution?



*Come and **enjoy** an entertaining talk
at*

***St Mark's Anglican Church**
15A Coronation Avenue
Pottsville*

Monday 16 March at 7:00pm
Everyone welcome!

VISITING SPEAKER

Mr John Christensen, is a retired lawyer with 40 years experience as a legislative drafter and lecturer in Australia and overseas.

John will be presenting his entertaining and informative talk at St Mark's Anglican Church, Pottsville. The talk will be interactive, starting with stories about the people who were involved in creating our Constitution - a story that deserves to be told.

There will be an opportunity for a Q&A session following the presentation.



NOTE: This project is a self funded initiative and is non political — no fee is charged

Website: www.ozhomenow.au



DISASTER
RECOVERY
VOLUNTEERING
1998 – 2023

Bringing hope in times of disaster.

Anglicare Disaster Recovery helps prepare and support local volunteer teams to provide compassionate care and assistance to those affected by major emergencies, ensuring they receive the help they need in times of crisis.



Information & Training Sessions: Northern Rivers

Murwillumbah

Tuesday 17th March

9.30am

All Saints Anglican Church

26-30 Byangum Rd

Murwillumbah

Catering will be Provided

Visit our website and learn more:

www.anglicarenorthcoast.org.au

Phone:

(02) 6645 1244 or: 0429 329 777

Email Owen Gray:

oweng@anglicarenorthcoast.org.au



Anglicare North Coast

hope in action

Disaster Recovery

Bringing hope in times of disaster



Anglicare North Coast

hope in action

Be the hope

Bushfires, floods, and cyclones are a challenging reality in Australia. When disasters like these happen, it's only natural to want to lend a hand and support affected communities and families – and now you have the opportunity to do just that!

As a registered Disaster Recovery (DR) Volunteer, you'll play a vital role in bringing hope and support to those in need during times of disaster. Based around your availability, you'll have the opportunity to provide personal support and distribute essential emergency supplies to people affected by disasters. Working alongside your Team Leader and other disaster response agencies, you'll help ensure that your local Evacuation or Recovery Centre operates smoothly, making a real difference in your community.

Volunteering doesn't have to be a regular commitment. You can stay prepared by participating in short courses each year, along with practical drills, seminars, and other training opportunities – ensuring you're always ready to step in when you're needed most.



Our Volunteers

As an Anglicare Disaster Recovery volunteer, you'll have the chance to:

- Make new friends and become part of a dedicated team.
- Offer personal emotional support to those in need.
- Play a key role in helping communities recover.
- Help distribute essential supplies at evacuation centres.
- Participate in community assistance initiatives under government guidance.
- Truly make a difference in local communities.

Volunteering with Anglicare is a meaningful way to contribute and grow – together, we make a real impact!

"Volunteering with Anglicare Disaster Recovery team, it doesn't take much of your time but can make a big difference to people when disaster hits."

Heather, Southern Highlands Team

"Anglicare Disaster Recovery is a great way to give back to your community when they need it most and when they are most vulnerable."

Rokelle, Western Sydney Team

Ready to begin your journey?

You're welcome to start your volunteer journey by either joining a new recruit online meeting with the team where you can see some videos, ask questions and meet other volunteers (held monthly) or jump in to some interactive online introductory modules which you can start at any time.

Additionally, if your church or community group is interested in partnering with Anglicare for Disaster Recovery, we can also arrange face-to-face New Recruit training for larger groups. It's a wonderful way to equip your peers to serve their community with love and care.

We'd love to hear from you!

anglicare.org.au/disaster-recovery/#enquiry



AMUA Mothering Sunday

Overseas Target Project 2026-2027

TEACHING ADULTS LITERACY

IN THE

SOLOMON ISLANDS



Anglican
Mothers Union
Australia

AMUA branches will again celebrate Mothering Sunday and invite parishioners to contribute to our retiring collection to support Mothers Union work.



AMUA accepted the invitation from Mary Sumner House to support women in the three Solomon Island Dioceses of Ysabel, Malaita and Guadalcanal. Literacy skills taught will enable women to become more independent and self-reliant, enabling them to participate more effectively in church, community and family activities. This will result in more stable families and decrease levels of family violence. Please keep the team in your prayers as they work with local communities and...

THANK YOU FOR YOUR SUPPORT

Fundraiser FASHION PARADE

Supporting Wedgetail Retreat

Saturday 28th March

3-5pm

\$49 includes bubbles on arrival,
canapés, indulgence bag, \$10 donation

- **Silent Auction**
- **Raffles to the value over \$1000**
- **Lucky Door Prize**
- **Best Dressed Prize**
for the most beautiful & bright
- **Tickets available using QR code or instore**

Live Music

Venue Cabarita Beach Bowls
Cabarita Road

Brought to you by Drift Clothing. 0418 799 115



Prayer of the Week

Lord God, our Redeemer, who heard the cry of your people and sent your servant Moses to lead them out of slavery: free us from the tyranny of sin and death and, by the leading of your Spirit, bring us to our promised land; through Jesus Christ our Lord.

Amen.



Bank Account Details

If you would like to contribute financially to the life and mission of both churches in the Parish of Kingscliff by electronic means, our bank account details are:

BSB: 062-673

Account: 1001 5155

Account Name: Anglican Parish of Kingscliff

Thank you for your support, we appreciate your generosity.

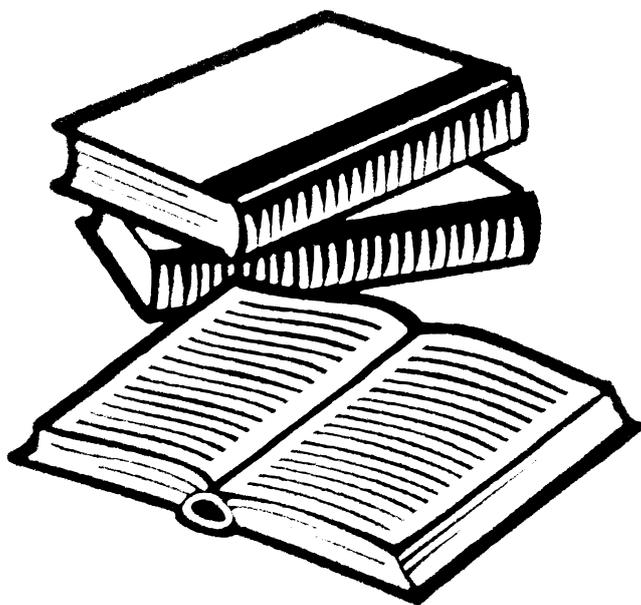
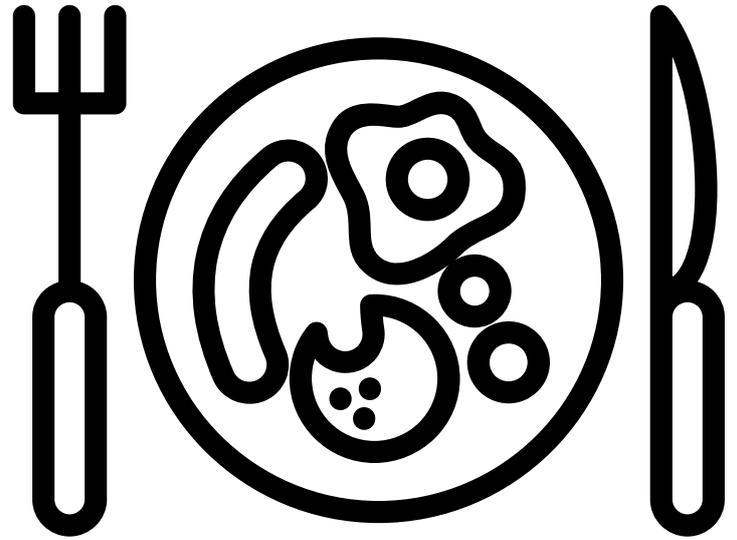
Parish Food Ministry

The Parish would like to thank all who helped distribute the meals through the Food Ministry this week, add both St Marks and St James. Well done all for keeping this vital long running ministry alive.

St James -70 meals

St Marks - 37 meals

Praise be to God!



Sunday Worship Readings

Sunday 8 March 2026

Exodus 17 v1-7

Psalms 95

Romans 5 v 1-11

John 4 v 1-41

Sunday 15 March 2026

1 Samuel 16 v 1-13

Psalms 23

Ephesians 5 v 8-14

John 9 v 1-41

Service Schedule

St James @ 8.30am

Sunday 8th March 2026

Officiant & Preacher:

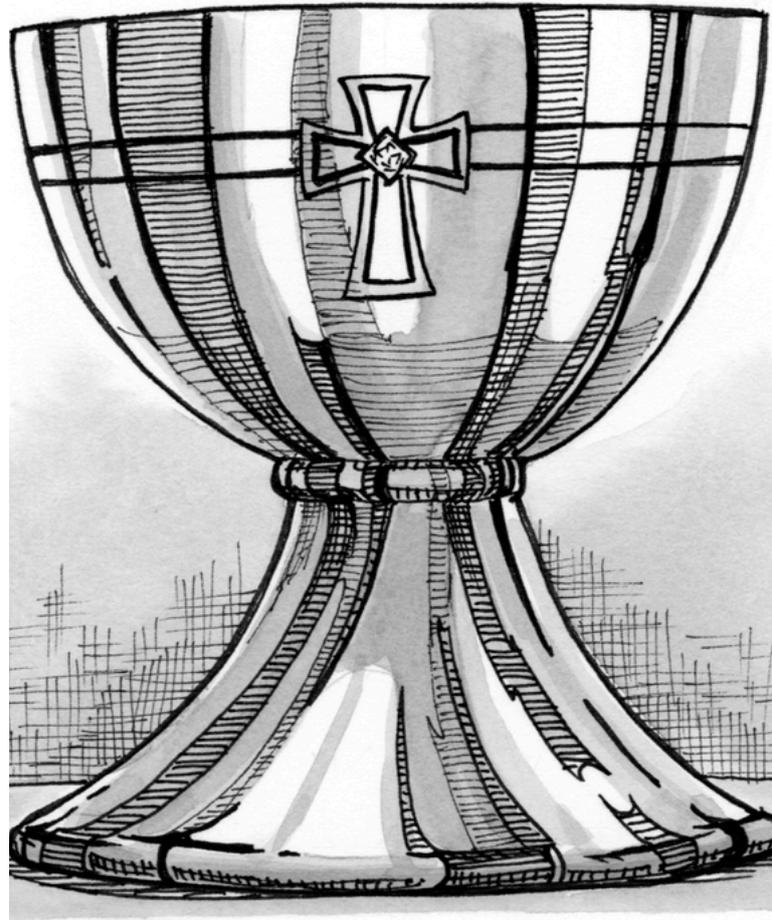
Rev. Constantine Osuchukwu

St Marks @ 10.30am

Sunday 8th March 2026

Officiant & Preacher:

Rev. Constantine Osuchukwu



Contacts

Parish Office

www.apok.org.au

p: 02 6674 1513

e: office@apok.org.au

Rector

Reverend Constantine Osuchukwu

0435 750 155

rector@apok.org.au

Wardens

Stephen Elworthy

0408 757 876

Jason Saltearn

0406 450 056

jsaltearn@gmail.com

Brian Wyver

0412 324 161

Grievance Officers

Graeme Hodgkinson

0407 209 819

Marg Dephoff

0437 400 429

Parish Calendar for March 2026

● Mondays

- U3A Art Group – St Mark's Pottsville, 9:00am–12:00pm
- Bible Study – 10 Guilfoyle Plc, Cudgen, 2:00pm–4:00pm
- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm
- Soup Kitchen, St James Kingscliff from 6:00 pm to 7:00 pm

● Tuesdays

- Meals Handout – St Mark's Pottsville 11:00am–1:00pm
- Justice of the Peace -St Mark's Pottsville 9:00am -12:00pm
- Holy Communion/Eucharist at St Mark's 12.30pm -1pm
- AA Meeting – St James Kingscliff, 7:30pm
- Pottsville Community Association – Last Tuesday of the month, 6:00pm

● Wednesdays

- Holy Communion/Eucharist – St James Kingscliff, 10:00am
- Ecumenical Bible Study -St Mark's Pottsville 10:00am
- Christian Meditation -St James Kingscliff, 4pm, Zoom Link:
<https://us02web.zoom.us/j/89184784092pwd=TFI3eWc1UXM0b3VVZnR5bkMxUIM1Zz09>

● Thursdays

- Ladies Craft Group – St Mark's Pottsville, 9:00am–12:00pm
- Meals Handout – St James Kingscliff, 11:00am–1:00pm
- AA Meeting – St Mark's Pottsville, 6:00pm

● Fridays

- Making Art Group – St. Mark's, Pottsville, 10:00am to 2:00pm
- Making Art Group – St James, Kingscliff, 1:00pm to 4:00pm

● Saturdays

- Community Garden Club – St Mark's Pottsville, 9:00am–11:00am
- Sister Suzie's Sewing Circle – 10 Guilfoyle Plc, Cudgen, 1:00pm–3:00pm
- Seven-Day Adventist Church at St Mark's, 9.00am -1.00pm
- Healing Service (Book of Common Prayer) -St James Kingscliff, 5pm (1st Saturday)

● Sundays

- Holy Communion/Eucharist, St James Kingscliff, 8:30am
- Holy Communion/Eucharist, St Mark's Pottsville, 10:30am
- Contemporary Service, 5pm, St James Kingscliff, every second Sunday of the month

📌 Upcoming Events:

- **Saturday, 7 March, Facilitated Labyrinth Walk** at St James from 9am.
- **Wednesday, March 10th** – Planning Meeting for Stations of the Cross – Friday, Apr 3 with St. Anthony's at 1.30pm.
- **Wednesday, March 11th** -Parish Council Meeting at St James at 5.30pm.
- **Monday, March 16th** – John Christensen talk – see flyer in emails from Peter Pine
- **Saturday 21st March - Making Palm Crosses Workshop/Working Bee**
- **Thursday 2nd April** - Maundy Thursday Eucharist at 7pm at St James.
- **Friday, 3rd April** - Good Friday Stations of the Cross with St Anthony's Catholic Parish at 10.30am; **Good Friday Service**, 3pm at St Mark's
- **Saturday, 4th April - Easter Vigil Service** at 7pm at St James
- **Sunday, 5th April- Easter Sunday**, 8.30am at St James and 10.30am at St Mark's.