

ANGLICAN PARISH OF KINGSCLIFF
BULLETIN

Higher

“as it is in heaven”

VOL 74 AUGUST 16 2026

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Higher

Welcome stranger! If you are visiting St James in Kingscliff or St Marks in Pottsville, this page is especially for you. We are the two Anglican Churches in this part of the world and are delighted to welcome you to our growing Parish. You can learn more by leafing through this magazine, HIGHER, our weekly bulletin, which keeps our Christian community informed and updated about all that is going on.

Families

If you are curious to know more about our Christian faith please contact our Rector, Rev. Constantine Osuchukwu whose details can be found at the back of this bulletin. Give him a call and invite him for coffee. We are all about hospitality and the love of God here and would love you to join us. You can also get a better idea of who we are what we are about by attending worship on Sundays (8.30 – 9.30 am at St James, 10.30 – 11.30 am at St Marks) and staying on for morning tea afterwards.

Letter from Constantine

More Than Just an Hour: Getting the Most Out of Our Sunday Worship

Dear Sisters and Brothers in Christ,

Sunday morning is the highlight of our week—a sacred appointment and encounter with the living God. But sometimes, we can find ourselves going through the motions. We are here physically, but our minds are elsewhere. This Sunday, let us commit to being truly present, embracing the profound gift of the liturgy and ‘worship God in spirit and truth’ (John 4:24). Here are a few simple ways we can dive deeper into our worship together.

1. Arrive Early

We are not merely walking into a building; we are entering into something far greater. As the Letter to the Hebrews reminds us, “You have come to Mount Zion and to the city of the living God, the heavenly Jerusalem” (Hebrews 12:22). To help us grasp this reality, let us make a small but powerful commitment: arrive at least ten or five minutes before the service begins. Sit in silence. Take a breath. Let go of the worries of the week and consciously recollect ourselves. This quiet preparation opens the door of our hearts so that when the procession begins, we are ready to meet the King of kings and Lord of lords: Jesus Christ.

2. Listening with the Ears of the Heart

Our worship is a conversation. God speaks to us through His Word, and we respond in prayer. But how often do we truly listen? During the moments of silence—especially before the opening prayer (the Collect) and after the readings and the sermon—resist the urge to let your mind wander. Instead, use these sacred pauses to “listen with the ears of the heart” (St Benedict). Ask yourself, “What is God saying to me in this passage? How is He calling me to change?” These silences are not empty; they are full of potential for encounter with Jesus Christ -the Word made flesh.

3. The Offertory: Offering Ourselves

When we bring forward the bread and wine and our monetary offerings, we are not just bringing gifts to the altar. This is the moment we are invited to bring ourselves. Place your joys, your struggles, your anxieties, your time, and your talents on the paten alongside the bread. Offer your family -children, grandchildren, your neighbours, your work, and your worries. This gesture is a profound act of trust, reminding us that everything we have and are come from God. When we give back to Him, even our burdens, He transforms them.

4. The Great Thanksgiving: Cultivating Gratitude

As the priest begins the Eucharistic Prayer—the Great Thanksgiving—let us anchor our hearts in gratitude. As Brother David Stendl Rast wisely said, “It is not happiness that makes us grateful, but rather, gratefulness that makes us happy.” In that moment, silently think of one specific thing you are thankful for this week. One thing. It could be as simple as a kind word, a beautiful sunrise, or a moment of peace. When we focus on gratitude, our hearts become spacious and ready to receive the greatest gift of all.

5. The Moment of Intimacy: Receiving the Lord

Holy Communion is the pinnacle of our worship—a moment of intimate union with Christ. He comes to us as spiritual nourishment for our souls. After you receive His Body and Blood, do not rush back to your seat and start talking to the person next to you. Instead, close your eyes for a quiet moment of encounter with Jesus. Welcome Jesus into the depths of your soul. In this holy stillness, surrender your life to Him completely. This is your time to be one with Him.

6. Sing and Say What You Mean

Finally, let us join in the hymns and responses with our whole hearts. We are not an audience; we are a chorus of worship. When we sing, let us mean the words we say. When we respond, let it be a proclamation of our faith. Remember, worship is an act, not just a feeling. God is bigger than our feelings. We worship Him by giving Him our time, our thoughts, and our lives. He is worthy of the best we have to offer.

Let us pray for the grace to truly enter into the sacred mysteries this Sunday. May our worship honour God, transform us, and be a foretaste of the heavenly Jerusalem we are journeying towards.

Your brother in Christ,

Constantine



The Prayer Of Mary

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Amen

(Lk 1: 46-55)



SP1 Consultation Meeting

The SP1 Master Planning Group met with Rev. Constantine and members of the Contemporary Worship team in Parish Hall on Monday night, to discuss the possibility of expanding worship space at St James, by extending the southern side of the Church building. The meeting was conducted as an open forum with all participants contributing to a discussion in which the sharing of many diverse points of view, led to broad recognition of an emerging consensus around the potential of an accessible new Family Service to be conducted mid-morning on Sundays at James. Such a service (accompanied by a Sunday School and other options for children), could see a whole new congregation of young families built up, which will have implications for the prioritisation and staging of works on the DA to be prepared for submission to Council.

Parish Council meets At St Mark's

Parish Council met at St Mark's on Wednesday night and saw, amongst others, the following developments: the Parish enjoyed a healthy month financially, posting a good profit; using savings enabled by the work of PAIS Mission youth missionaries here in the Tweed, increased support will be given to CMS to help fund missionaries being sent to Japan to share the Gospel with university students there (part of our commitment to global mission); Rev. Constantine will head up a new committee to look at how to develop a new Family Service mid-morning Sundays at St James; a Motion was passed confirming the Parish's support for the proposed Tweed Valley Mission and its Passion Play co-production with Lindisfarne Anglican Grammar School for Easter 2027; the Festive Christmas Market will build on last year's tools stall to develop a more diverse offering for blokes, this year.

MEN'S BREAKFAST

*Saturday 5 September - 8am to 9:30am
at St. James Parish Hall, Kingscliff*



*Guest Speaker : Mr Stuart Marquardt
Principal of Lindisfarne Anglican Grammar School, Tweed Heads
RSVP: Constantine 0435 750 155*

DV-alert

Domestic and Family Violence Response Training

1-Day DV-aware Workshop

For the general public

About 1-Day DV-aware Workshop

1-Day DV-aware is an interactive workshop where you will learn how to recognise and respond to domestic and family violence and what you can do to help make a difference.

In attending our 1-Day DV-aware Workshop, you will:

- know how to identify the different signs and forms of abuse that constitute domestic and family violence
- learn about the Cycle of Violence and the Power and Control Wheel (The Duluth Model)
- reflect on and share what you can do if you know someone who is experiencing domestic and family violence
- have an opportunity to network with other individuals • receive tools and references for domestic and family violence support and referral.

Why DV-alert?

DV-alert is led by experienced trainers dedicated to reducing violence against women and their children. Our 1-Day DV-aware Workshop provides a safe space to learn, connect and be empowered to recognise and respond confidently to those in crisis.

Who is it for?

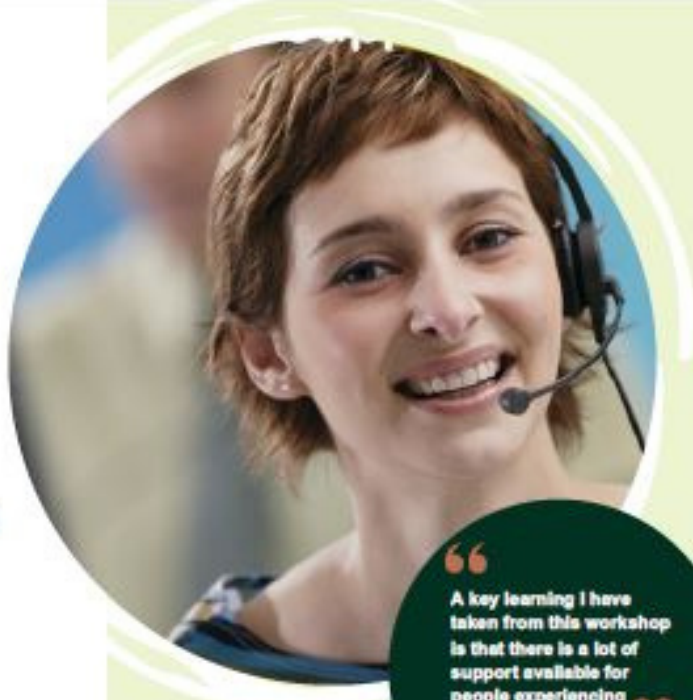
- Anyone living in Australia
- Minimum age: 18-years-old
- Also suitable for organisations.

Cost

This workshop is free for adults.

Contact us

For further inquiries contact: caroline.robinson@lifeline.org.au



“
A key learning I have taken from this workshop is that there is a lot of support available for people experiencing domestic violence.”

— Past participant

Date: Monday 7 September 2026

Time: 10:00am - 5:00pm AEDT

Delivery: Virtual via Zoom

Click [HERE](#) to Apply



Courage to Care

On Thursday Aug 27th we will host the '**Courage to Care**' Group – presenting a talk on how we can create communities of love and harmony where discrimination is challenged and respect thrives. See flyer attached. Anyone who is available to help prepare, serve, and share a meal from 5.00pm on this evening please contact Kaz at calendar@apok.org.au.

COURAGE TO CARE



courage
to care
An initiative of Ormai Smith

Become an Upstander in Your Community

Come and discover the power of standing up against discrimination

Courage to Care is Australia's largest provider of **evidence-based Upstander and anti-discrimination education**. We deliver programs to primary schools, secondary schools and adult groups throughout NSW, Queensland, ACT and Victoria.

For more than **33 years**, Courage to Care has been building the values, language and practical skills that help people recognise and respond to discrimination in all its forms.

- ✓ Reached **500,000+** students across Australia since inception
- ✓ **40,000+** reached last year
- ✓ Delivered **free of charge** to schools
- ✓ Apolitical and non-religious
- ✓ Supported by **180+** trained volunteers, including Holocaust Survivors and their descendants

Join Us

Come and listen to what Courage to Care is all about and learn the value of being an **Upstander** in your community.

Venue	St James Anglican Church 122 Marine Parade, Kingscliff
Date	Thursday, 27 August
Time	5:30 pm – Shared Meal 6:30 pm – 7:30 pm – Courage to Care Presentation

Learn • Reflect • Take Action

Together we can create communities where discrimination is challenged and respect thrives.

Everyone Welcome



Pre-Loved **"Sustainable"** **Pop Up Shop**

**Clothing, shoes, bags, lace,
cards and other treasures
Cuppa and Cake available.**



Saturday, 19th September, 2026

8am to 1pm

**St. James Church Hall,
41 Pearl Street, Kingscliff**



St James & St Marks Anglican Parish

KINGSCLIFF & POTTSVILLE

SUPPORT OUR 2026

Festive Christmas Market



SATURDAY
28 NOVEMBER
2026



8:00AM – 12:00PM



ST JAMES
ANGLICAN CHURCH,
KINGSCLIFF

WE'RE SEEKING RAFFLE PRIZE DONATIONS

Our annual Festive Christmas Market is one of our parish's major community fundraising events, bringing together families, local businesses and visitors for a wonderful morning of festive fun.

Following the success of last year's market, which raised **over \$15,000** to support our parish's outreach and community ministries, we are once again asking local businesses to partner with us by donating a prize for our **Major Christmas Raffle**.

WE WOULD BE GRATEFUL FOR DONATIONS SUCH AS:



GIFT
VOUCHERS



HAMPERS



PRODUCTS



EXPERIENCES



SERVICES



CHRISTMAS
GIFTS

Every donation, large or small, helps make our raffle a success.

AS A THANK YOU

Businesses donating prizes will be acknowledged:

- ★ At the Festive Christmas Market
- ★ On our raffle displays
- ★ Through our parish and social media channels where possible

PRIZE DONATIONS

If you are able to support us, we would appreciate receiving your donation by:

FRIDAY 2 OCTOBER 2026

To: _____

CONTACT

Raewyn McAuley

Festive Market Coordinator

☎ 0419 423 742

✉ raewyn.mcauley@gmail.com

Additional Contact (Optional)

☎ _____

✉ _____

Thank You

FOR SUPPORTING
OUR COMMUNITY

Your generosity helps us continue supporting our local community through the outreach and ministry of the Anglican Parish of Kingscliff & Pottsville.

*Together we can make Christmas brighter
for our community.*

Prayer of the Week

Grant to us, Lord, we beseech you, the spirit to think and do always such things as are right, that we, who cannot do anything that is good without you, may by you be enabled to live according to your will; through Jesus Christ our Lord.
Amen.



Bank Account Details

If you would like to contribute financially to the life and mission of both churches in the Parish of Kingscliff by electronic means, our bank account details are:

BSB: 062-673

Account: 1001 5155

Account Name: Anglican Parish of Kingscliff

Thank you for your support, we appreciate your generosity.

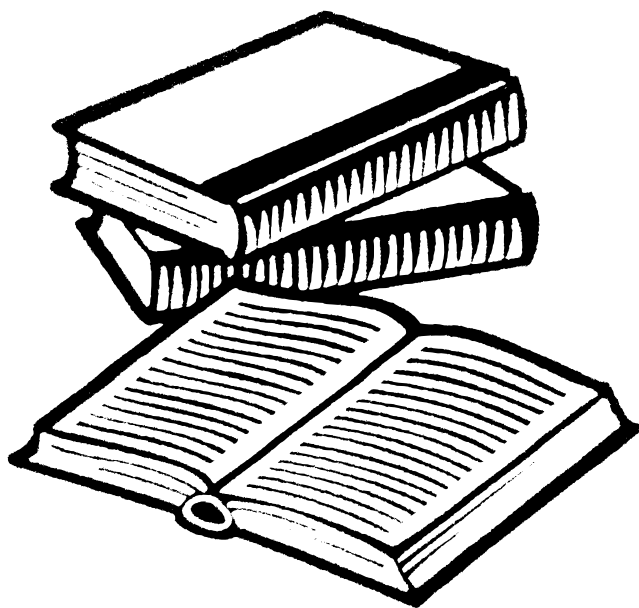
Parish Food Ministry

The Parish would like to thank all who helped distribute the meals through the Food Ministry this week, add both St Marks and St James. Well done all for keeping this vital long running ministry alive.

St James - 97 meals

St Marks - 23 meals

Praise be to God!



Sunday Worship Readings

Sunday 16 August 2026

Isaiah 61 v 10 - 62 v 3
Psalm 113
Galatians 4. v 4-7
Luke 2 v 1-7

Sunday 23 August 2026

Exodus 3, v1-15
Psalm 124
Romans 12 v9-21
Matthew 16 v13-20

Service Schedule

St James @ 8.30am

Sunday 16th August 2026

Officiant & Preacher:

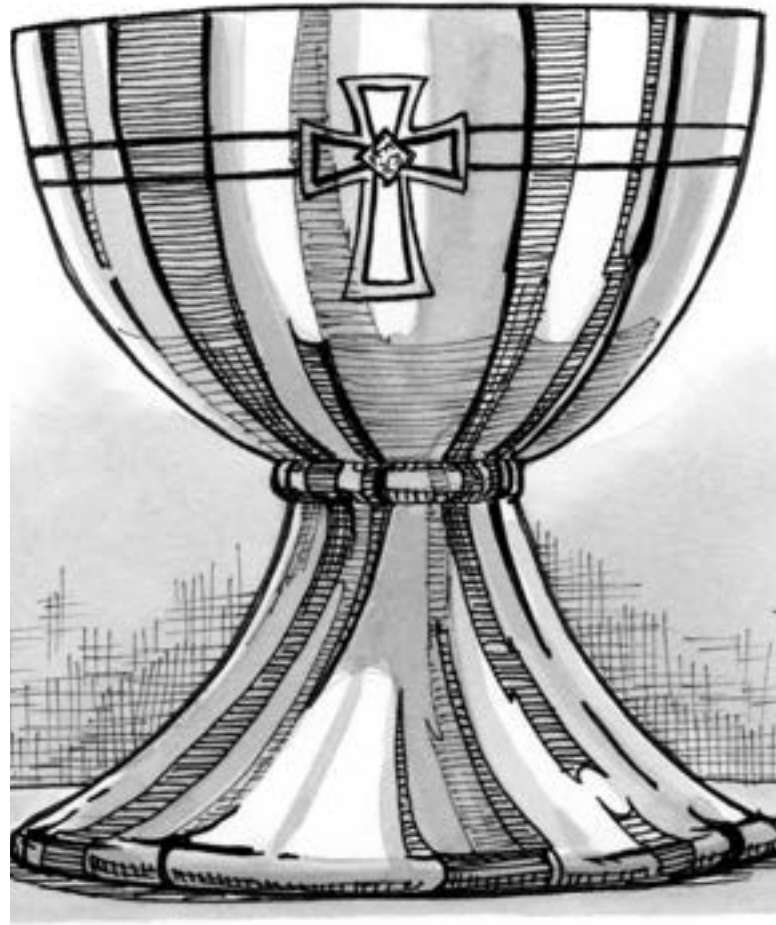
Rev. Constantine Osuchukwu

St Marks @ 10.30am

Sunday 16th August 2026

Officiant & Preacher:

Rev. Constantine Osuchukwu



Contacts

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e: office@apok.org.au

Rector

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rector@apok.org.au

Wardens

Stephen Elworthy

0408 757 876

Jason Saltearn

0406 450 056

jsaltearn@gmail.com

Brian Wyver

0412 324 161

Grievance Officers

Graeme Hodgkinson

0407 209 819

Marg Dephoff

0437 400 429

Parish Calendar for August 2026

● Mondays

- U3A Art Group – St Mark's Pottsville, 9:00am–12:00pm
- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm
- Community Meal, St James Kingscliff from 6:00 pm to 7:00 pm

● Tuesdays

- Meals Handout – St Mark's Pottsville 11:00am–1:00pm
- Justice of the Peace -St Mark's Pottsville 9:00am -12:00pm
- AA Meeting – St James Kingscliff, 7:30pm
- Pottsville Community Association – Last Tuesday of the month, 6:00pm
- Holy Communion Service 12.30pm at St Mark's

● Wednesdays

- Holy Communion/Eucharist – St James Kingscliff, 10:00am
- *Lectio Divina*, (Holy Reading of the Bible) St. James Hall, 11:30 am to 12 noon
- Ecumenical Bible Study -St Mark's Pottsville 10:00am, Fortnightly
- Christian Meditation -St James Kingscliff, 4pm, Zoom Link:
<https://us02web.zoom.us/j/89184784092?pwd=TFI3eWc1UXM0b3VVZnR5bkMxUIM1Zz09>
Meeting ID: 891 8478 4092 Passcode: 516345
- ZOOM in to pray with fellow parishioners for peace and for the material and spiritual needs of all in our communities. Join Zoom Meeting
<https://us05web.zoom.us/j/84084825835?pwd=aPSm1tk4mn4GW9BiAHTkIIBNBfHFfaE.1>
Meeting ID: 840 8482 5835 **Passcode:** K9D1Z4

● Thursdays

- Ladies Craft Group – St Mark's Pottsville, 9:00am–12:00pm
- Meals Handout – St James Kingscliff, 11:00am–1:00pm
- AA Meeting – St Mark's Pottsville, 6:00pm

● Fridays

- Making Art Group – St. Mark's, Pottsville, 10:00am to 2:00pm
- **Sing to Connect Choir** 9.30 - 10.45. In the church. All welcome. Wendy Hawkins 0421651524

● Saturdays

- Community Garden Club – St Mark's Pottsville, 9:00am–11:00am
- Sister Suzie's Sewing Circle – 10 Guilfoyle Plc, Cudgen, 1:00pm–3:00pm
- Seven-Day Adventist Church at St Mark's, 9.00am -1.00pm
- Healing Service (Book of Common Prayer) -St James Kingscliff, 5pm (1st Saturday)

● Sundays

- Holy Communion/Eucharist, St James Kingscliff, 8:30am
- Holy Communion/Eucharist, St Mark's Pottsville, 10:30am
- Contemporary Service, 5pm, St James Kingscliff, every second Sunday of the month

📌 Upcoming Events:

- **Tweed Coast Christian Education Association** –(High School Scripture) prayer meeting on Tuesday 18 August at Banora Point Uniting Church from 4:00 to 5:00 pm
- **Courage to Care Workshop**, Thursday 27 August at the Parish Hall at 5:30pm
- **Pop Up Shop**, Saturday 19 September at St James from 9:00 am to 1:00 pm