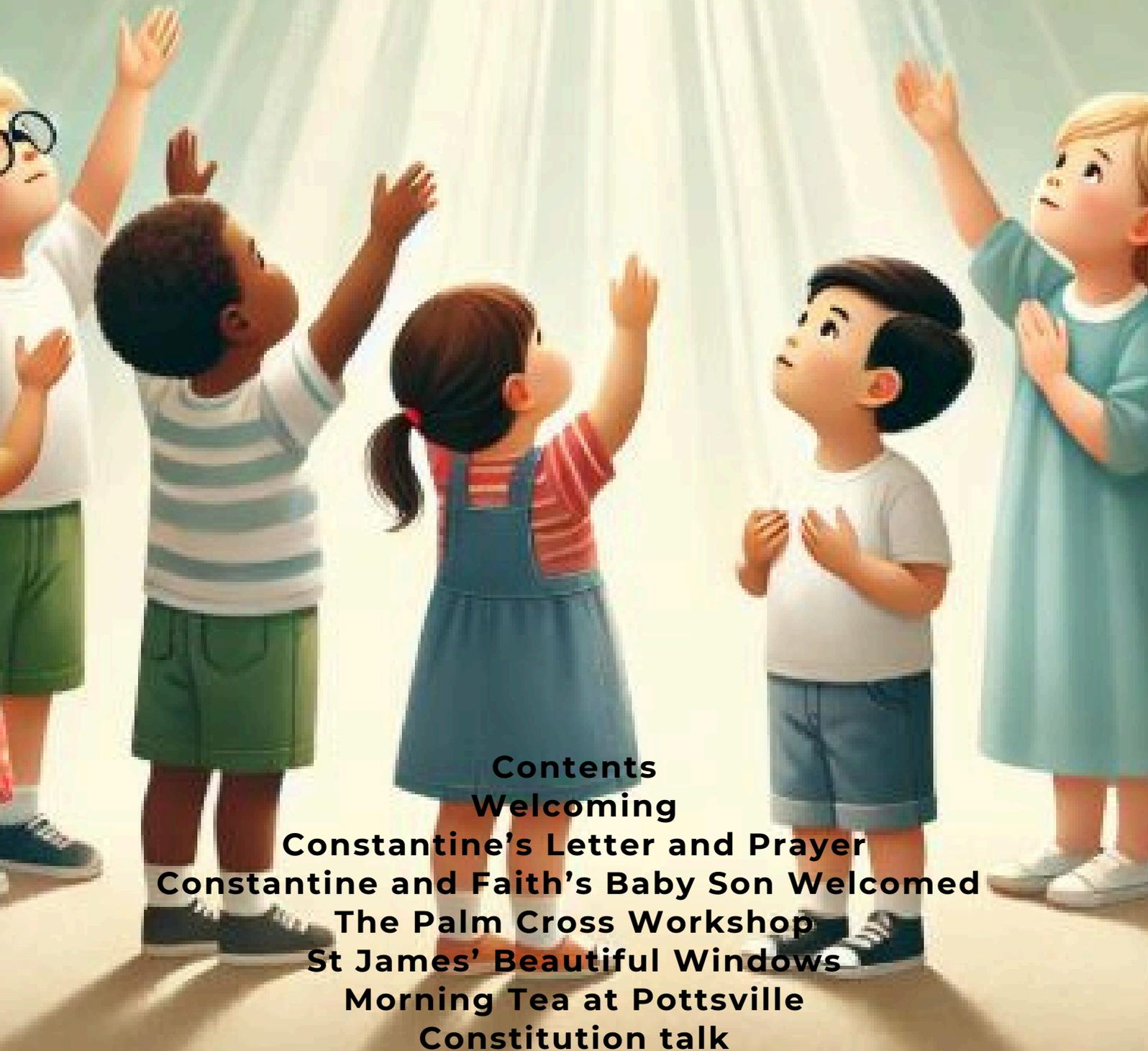


ANGLICAN PARISH OF KINGSCLIFF
BULLETIN

Higher

"as it is in heaven"

VOL 58 MARCH 22 2026



Contents

Welcoming

Constantine's Letter and Prayer

Constantine and Faith's Baby Son Welcomed

The Palm Cross Workshop

St James' Beautiful Windows

Morning Tea at Pottsville

Constitution talk



Higher

Welcome stranger! If you are visiting St James in Kingscliff or St Marks in Pottsville, this page is especially for you. We are the two Anglican Churches in this part of the world and are delighted to welcome you to our growing Parish. You can learn more by leafing through this magazine, HIGHER, our weekly bulletin, which keeps our Christian community informed and updated about all that is going on.

If you are curious to know more about our Christian faith please contact our Rector, Rev. Constantine Osuchukwu whose details can be found at the back of this bulletin. Give him a call and invite him for coffee. We are all about hospitality and the love of God here and would love you to join us. You can also get a better idea of who we are what we are about by attending worship on Sundays (8.30 - 9.30 am at St James, 10.30 - 11.30 am at St Marks) and staying on for morning tea afterwards.

Welcoming

Letter from Constantine

Dear sisters and brothers in Christ,

“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.” — Albert Einstein

Our hearts are overflowing with joy and gratitude. We are delighted to welcome our third child, **Kenechukwu Patrick Osuchukwu**, born on Wednesday, 18 March at 5:33am, weighing 3.552kg (7lb 13oz) and measuring 52cm. Faith was so brave and is recovering well, and little Kene is doing wonderfully. Obie and Sophie are overjoyed to welcome their baby brother—truly a miracle from heaven.

The last time I stood beside a loved one in pain, it ended in the death of my mother last November; yet last Wednesday, the pain and labour of my beloved wife, Faith, brought forth new life. Life holds together both joy and sorrow, beauty and fragility. As William Wordsworth reminds us, *“trailing clouds of glory do they come from God, who is their home.”* Thank you for your love, prayers, and support—it means more than we can say.

Holy Week & Easter Services 2026

As we approach Holy Week, beginning with Palm Sunday on 29 March, I invite you to join us as we journey with our Lord Jesus Christ to Jerusalem. Together, we will walk with Him through His passion and death, so that we may also share in the joy of His resurrection.

Palm Sunday – 29 March

8:30am – St James

10:30am – St Mark’s

Maundy Thursday – 2 April

6:00pm – Mass of the Lord’s Supper with Washing of the Feet (St James), followed by silent prayer/watch until 10:00pm

Good Friday – 3 April

9:00am – Liturgy of the Passion (St James)

10:30am – Stations of the Cross (beginning at St Anthony's Catholic Church, Kingscliff, and concluding at St James Anglican Church)

3:00pm – Liturgy of the Passion (St Mark's)

Holy Saturday – 4 April

7:00pm – Easter Vigil Holy Communion (St James)

Easter Sunday – 5 April

8:30am – St James

10:30am – St Mark's

GAFCON & Global Anglican Council

Many of you will have seen reports of the recent Global Anglican Council meeting in Abuja, Nigeria. While there are challenges to our shared unity, we remain committed to the Anglican Church of Australia and to our life within the Diocese of Grafton.

Our calling is clear: to be faithful to our Lord Jesus Christ and His Church, to the truth of His Word, to the Great Commandment—to love God, our neighbour, and ourselves—and to the Great Commission, to make disciples of all nations. Let us not give way to speculation or discouragement, but instead commit ourselves to prayer and to the unity for which Christ Himself prayed (John 17:21). As St Paul wrote, 'Where the Spirit of the Lord is, there is freedom and unity' (2 Corinthians 3:17). The Church belongs to God, and the powers of darkness will not prevail against it. Let us be courageous witnesses to the Gospel of love and light.

Condolences

We extend our heartfelt condolences to Fr Paul McDonald of St Anthony's, Kingscliff, on the death of his stepmother, Norma McDonald, who was laid to rest yesterday. May the Lord grant her eternal rest and peace, and bring comfort to Fr Paul and his family. We also extend our heartfelt condolences to Jenna Hayes who lost her mum, Dorothy, Julie Pine who lost her brother, Rodger recently; and Jenny McNellee who lost her sister, Irene, earlier in the year. May Dot, Rodger and Irene rest in peace and rise in glory. Amen.

I wish you God's richest blessings in every way. Please continue to pray for me and my family, and be assured of my prayers for you and for all those you love.

Blessings,

Constantine

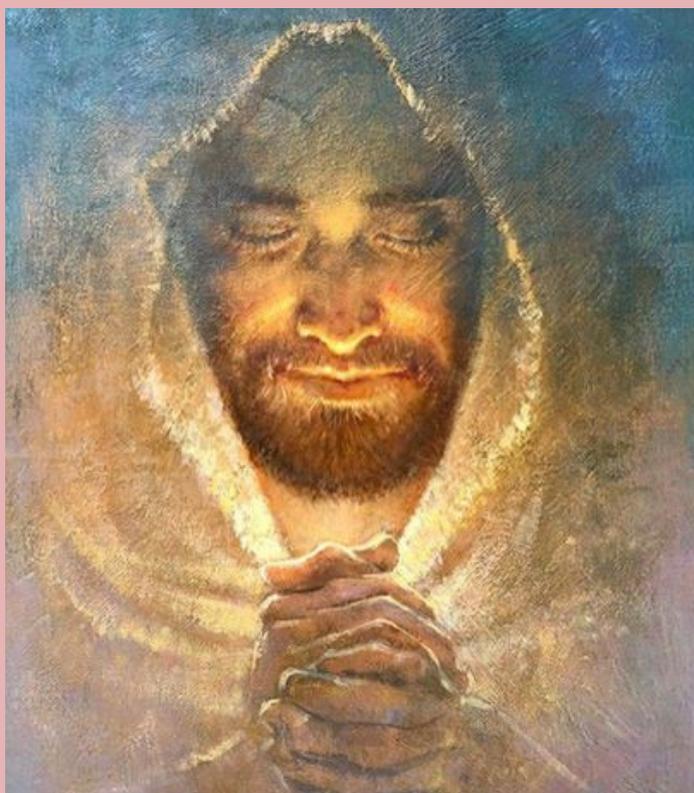
Prayer of St Ignatius

(Suscipe)

Take, Lord,
and receive all my liberty,
my memory, my understanding, and my entire will,
all I have and call my own. You have given all to me.
To you, Lord, I return it. Everything is yours; do with it what you
will.
Give me only your love and your grace. That is enough for me.
Amen.

A Blessing for Belonging by John O'Donohue

May you listen to your longing to be free
May the frames of your belonging be generous enough for your
dreams.
May you arise each day with a voice of blessing whispering in
your heart
May you find a harmony between your soul and your life
May the sanctuary of your soul never be haunted
May you know the eternal longing that lives at the heart of time
May there be kindness in your gaze when you look within
May you never place walls between the light and yourself
May you allow the wild beauty of the invisible world to gather you
Mind you and embrace you in belonging.
Amen.



Welcome to Constantine and Faith's Baby Son!

Due last Sunday, Constantine and Faith's baby arrived early on Wednesday morning - a boy! Mum and Dad are overjoyed and Constantine reports that mother and child are healthy and doing well. The whole parish is delighted for the family and we congratulate them heartily at this joyous time. We can't wait to meet and welcome the little fellow, (who will, no doubt, soon be donning robes alongside his older brother and sister on Sunday mornings) into our Church family.

St James' Beautiful Windows

St James' beautiful new window displays were installed a few weeks ago and they look great. They still need some backlighting so as to be brightly visible on Marine Pde at night, but they are already doing what they were designed to do, inspiring all who see them with the core teaching of our faith : that Jesus Christ was born, crucified and resurrected to eternal life so that we might be saved.



The Palm Cross

The Palm Cross is a symbol of welcome, peace and sacrifice.

On Palm Sunday, Jesus was welcomed as a King in Jerusalem - with palms laid at his feet as a symbol of peace- and we celebrate it as the final Sunday of Lent season and the first day of Holy Week. Palm Sunday ushers in the Easter season, those solemn days including Good Friday and Easter that we spend in remembrance of Jesus' time in Jerusalem as he was arrested, tried and crucified before being resurrected by the power of the Spirit of God.

Palm Cross Workshop and Morning Tea Tomorrow



Palm Sunday is approaching fast : **28th March**, to be exact. There will be a workshop to make Palm Crosses for the day, to be held at Phil and Martas place in Terranora, from 9 am tomorrow, Saturday 21 March. The address is 281 Terranora Rd and once the work is done our gracious hosts who will lay on a morning tea.

Enquires please call Martha 0427 243 650

A Challenge from the WORD FOR TODAY

Transformed...from glory to glory...by the Spirit of the Lord.” 2
Corinthians 3:18 NKJV

Beginning in 2007, the REVEAL research project surveyed the members of more than a thousand churches. They wanted to determine the percentage of churchgoers who are actually propelled by their faith to love God and love others with their whole hearts. Guess how many met these qualifications? Eleven percent! Nearly nine out of ten believers did not make the grade.

Think about it this way: If a school graduated only eleven percent of its students, if a hospital healed only eleven percent of its patients, if a sports team won only eleven percent of its games, if a home builder completed only eleven percent of his projects, wouldn't changes be made? About 2.2 billion people on our planet call themselves Christians. That's approximately one-fourth of the world's population. If the survey is any indication, about two billion of those Christians are chugging along on a fraction of their horsepower. What would happen if they got a tune-up or decided to step up or rise up? How much joy would be unleashed? How much wisdom would be shared? How many marriages would be saved? How many wars would be prevented? How much hunger would be eliminated? What would it take for you to be part of the eleven percent—more compassion, more conviction, more courage? What attitudes would you need to discontinue—greed, guilt, negativity, a critical spirit? Here's the good news: You can. With God's help, you can close the gap between the person you are and the person you want to be. You can be “transformed...from glory to glory.”

SoulFood: Rev 15-18 Luke 18:18-43 Ps 19 Pro 8:6-7

Bulletin and Calendar Get Their Own Email Addresses

The tech geniuses who slave away behind the scenes in the Parish Admin Office have added two new email addresses to help make the running of things smoother. If you have a news article or photos of a Church event please send them to editor@apok.org.au. If you would like to add an event to the Parish calendar your information should go to calendar@apok.org.au. We look forward, as they say, 'to receiving your letters'.

St Marks Growing in Numbers and Faith

Peter Pine reports:

Last Sunday we had 40 in attendance at St Mark's - almost a record - and a very convivial morning tea afterwards at the Nook.



Liz taking a well-earned break

Parishioners at St James know that Liz Thomas is a force of nature, working tirelessly behind the scenes in many capacities making the Church look good and function well. Best known for serving delicious hot coffee out of the Coffee Cart on Sundays and Wednesdays, Liz needs a rest from her many labours. She will be taking a break for a few weeks to allow a wrist injury to recover. We'll miss Liz's smiling face around the place and wish her well as she enjoys a well-earned rest. Godspeed Liz!

"Constitution" talk by John Christensen



John Christensen, a lawyer of 40 years experience drafting legislature, held the audience spellbound as he delivered his address at St Mark's Pottsville last Monday night. He drew on his vast experience and showed all the influences that came to bear on the drafting of our federal constitution; he swapped hats repeatedly to signify the nations involved. In the final analysis, four nationalities contributed significantly to our document, plus the experience of each state grappling with its laws as our fledgling nation spread its wings. In this way, our nation avoided some of the difficulties that became embedded in the constitutions of other countries. For example, the United States of America contributed to our document, but how would you feel if our constitution was simply a carbon copy of the US? Thankfully our legislative drafters were able to seize the best aspects envisioned by other nationalities, but avoided some of the more contentious issues.

However, that document now resides in the British statute books! John would like to see it brought home and discussed some of the ways this could be achieved. Let's hope our law makers are successful in the end.

John and his wife Margaret regard St Marks' as the northern church they attend whenever they can, and they join in our Bible studies. They reside in Canberra, but have visited us often, and we hope they come back again soon.

LINDISFARNE ANGLICAN GRAMMAR SCHOOL WARMLY INVITES YOU TO OUR

SPIRITUAL GYM

EASTER SERVICE

'Palm Sunday'



Sunday, 29 March 2026

4.30pm Refreshments | 5.00pm Service

Mahers Lane Chapel | All Welcome



LINDISFARNE
Anglican Grammar School



Tweed Coast
Christian Education
Association Inc.



SRE DAY

TARGET: \$40,000

TCCEA

BSB 062611

10359407

Donate Today

**To keep Scripture Teaching with the
PAIS team in our local High Schools**

Prayer of the Week

We thank you, heavenly Father, that you have delivered us from the power of darkness and brought us into the kingdom of your Son: we pray that as by his death he has recalled us to life, so by his presence abiding in us he may raise us to joys eternal; through Jesus Christ your Son our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever.
Amen.



Bank Account Details

If you would like to contribute financially to the life and mission of both churches in the Parish of Kingscliff by electronic means, our bank account details are:

BSB: 062-673

Account: 1001 5155

Account Name: Anglican Parish of Kingscliff

Thank you for your support, we appreciate your generosity.

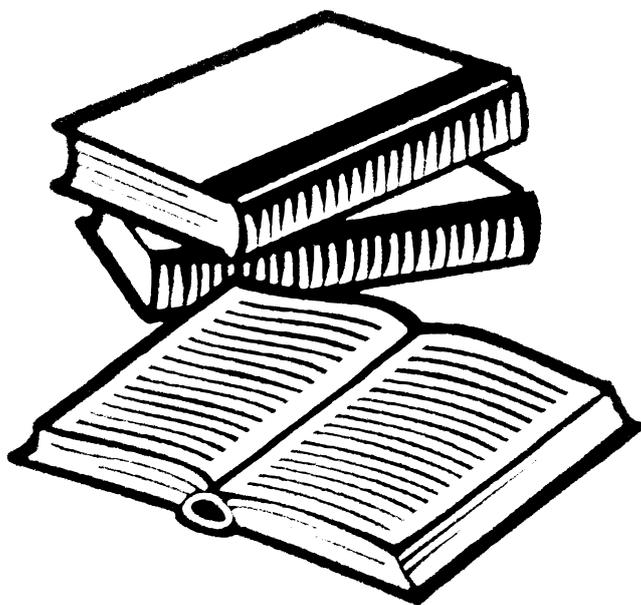
Parish Food Ministry

The Parish would like to thank all who helped distribute the meals through the Food Ministry this week, add both St Marks and St James. Well done all for keeping this vital long running ministry alive.

St James - 35 meals

St Marks - 57 meals

Praise be to God!



Sunday Worship Readings

Sunday 22 March 2026

Ezekiel 37 v 1-14

Psalms 130

Romans 8 v 6-11

John 11 v 1-45

Sunday 29 March 2026

Isaiah 50 v 4-9

Psalms 31 v 9-18

Philippians 2 v 5-11

Matthew 26 v 14-27 v 66

Service Schedule

St James @ 8.30am

Sunday 22nd March 2026

Officiant & Preacher:

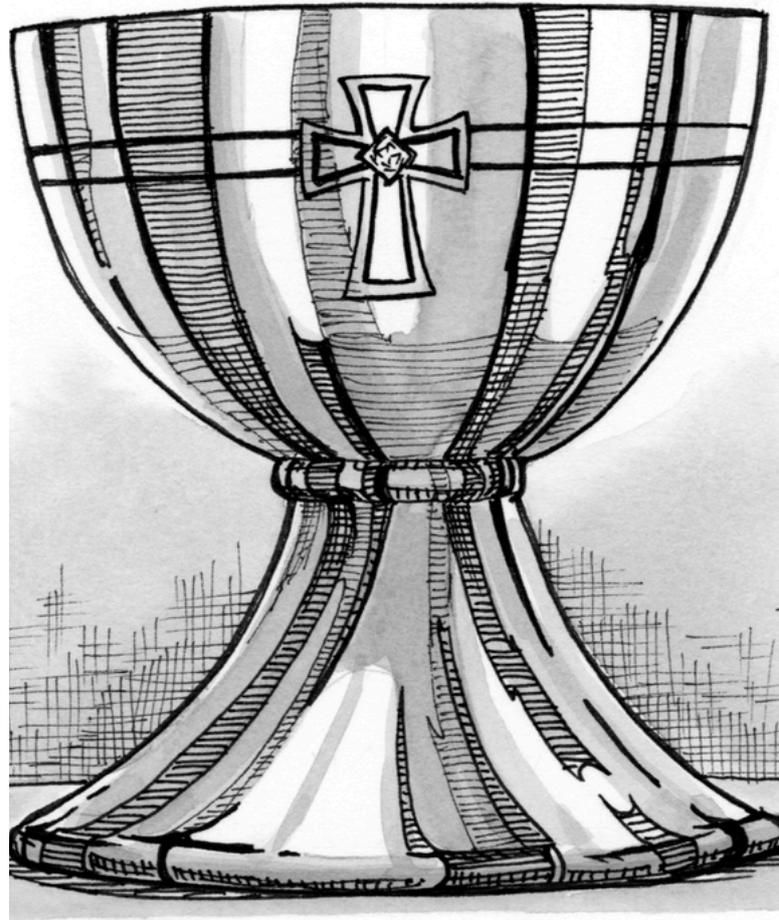
Rev. Graeme Hodgkinson

St Marks @ 10.30am

Sunday 22nd March 2026

Officiant & Preacher:

Rev. Graeme Hodgkinson



Contacts

Parish Office

www.apok.org.au

p: 02 6674 1513

e: office@apok.org.au

Rector

Reverend Constantine Osuchukwu

0435 750 155

rector@apok.org.au

Wardens

Stephen Elworthy

0408 757 876

Jason Saltearn

0406 450 056

jsaltearn@gmail.com

Brian Wyver

0412 324 161

Grievance Officers

Graeme Hodgkinson

0407 209 819

Marg Dephoff

0437 400 429

Parish Calendar for March 2026

Mondays

- U3A Art Group – St Mark's Pottsville, 9:00am–12:00pm
- Bible Study – 10 Guilfoyle Plc, Cudgen, 2:00pm–4:00pm
- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm
- Soup Kitchen, St James Kingscliff from 6:00 pm to 7:00 pm

Tuesdays

- Meals Handout – St Mark's Pottsville 11:00am–1:00pm
- Justice of the Peace -St Mark's Pottsville 9:00am -12:00pm
- AA Meeting – St James Kingscliff, 7:30pm
- Pottsville Community Association – Last Tuesday of the month, 6:00pm

Wednesdays

- Holy Communion/Eucharist by extension– St James Kingscliff, 10:00am
- Ecumenical Bible Study -St Mark's Pottsville 10:00am
- Christian Meditation -St James Kingscliff, 4pm, Zoom Link:

<https://us02web.zoom.us/j/89184784092pwd=TFI3eWc1UXM0b3VVZnR5bkMxUIM1Zz09>

Thursdays

- Ladies Craft Group – St Mark's Pottsville, 9:00am–12:00pm
- Meals Handout – St James Kingscliff, 11:00am–1:00pm
- AA Meeting – St Mark's Pottsville, 6:00pm

Fridays

- Making Art Group – St. Mark's, Pottsville, 10:00am to 2:00pm
- Making Art Group – St James, Kingscliff, 1:00pm to 4:00pm

Saturdays

- Community Garden Club – St Mark's Pottsville, 9:00am–11:00am
- Sister Suzie's Sewing Circle – 10 Guilfoyle Plc, Cudgen, 1:00pm–3:00pm
- Seven-Day Adventist Church at St Mark's, 9.00am -1.00pm
- Healing Service (Book of Common Prayer) -St James Kingscliff, 5pm (1st Saturday)

Sundays

- Holy Communion/Eucharist, St James Kingscliff, 8:30am
- Holy Communion/Eucharist, St Mark's Pottsville, 10:30am
- Contemporary Service, 5pm, St James Kingscliff, every second Sunday of the month

Upcoming Events:

- **Saturday 21st March - Making Palm Crosses Workshop/Working Bee.** 9am
- **Thursday 2nd April - Maundy Thursday Eucharist** at 6 pm at St James.
- **Good Friday, 3rd April -9.00 am -Liturgy of the Passion (St James)**
- **Stations of the Cross** with St Anthony's Catholic Parish at 10.30am
- **Good Friday Service**, 3pm at St Mark's
- **Saturday, 4th April - Easter Vigil Service** at 7pm at St James
- **Sunday, 5th April- Easter Sunday**, 8.30am at St James and 10.30am at St Mark's.