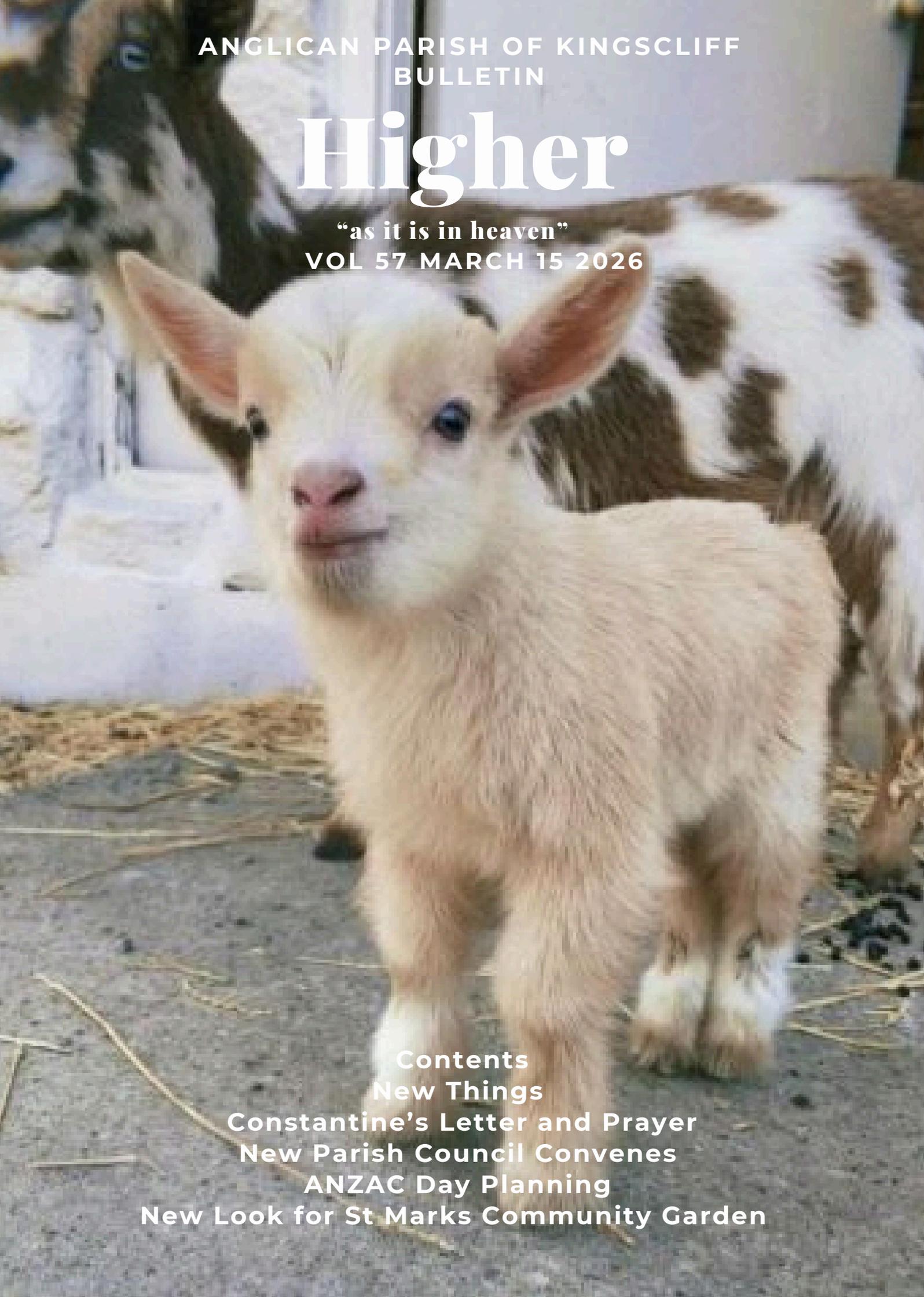


ANGLICAN PARISH OF KINGSCLIFF
BULLETIN

Higher

“as it is in heaven”

VOL 57 MARCH 15 2026



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Higher

Welcome stranger! If you are visiting St James in Kingscliff or St Marks in Pottsville, this page is especially for you. We are the two Anglican Churches in this part of the world and are delighted to welcome you to our growing Parish. You can learn more by leafing through this magazine, HIGHER, our weekly bulletin, which keeps our Christian community informed and updated about all that is going on.

New Things

If you are curious to know more about our Christian faith please contact our Rector, Rev. Constantine Osuchukwu whose details can be found at the back of this bulletin. Give him a call and invite him for coffee. We are all about hospitality and the love of God here and would love you to join us. You can also get a better idea of who we are what we are about by attending worship on Sundays (8.30 - 9.30 am at St James, 10.30 - 11.30 am at St Marks) and staying on for morning tea afterwards.

Letter from Constantine

Dear Sisters and Brothers in Christ,

Time for Prayer

“When the soul is tempest-tossed, troubled and cut off by worries, then is the time to pray—so as to make the soul more responsive to God. But there is no kind of prayer that can make God more responsive to the soul, for God is always constant in love.”

— *Blessed Julian of Norwich, The Revelations of Divine Love, Chapter 43*

In difficult times, it is especially important to turn to prayer so that we may draw strength from God to face the challenges of each day.

Let us continue to pray for peace in the Middle East, Sudan, Myanmar, and other places afflicted by violence. We remember particularly innocent civilians, especially children who so often bear the brunt of war. May God enable us not only to pray for peace, but also to embody it in our lives.

Baby Osuchukwu

Faith, Obie, Sophie and I are joyfully awaiting the imminent arrival of “Baby Osuchukwu.” Please pray that Faith has a safe delivery. Kindly also remember in your prayers our midwives, obstetricians, and all those who care for pregnant women and newborns—they are truly remarkable and dedicated professionals.

I plan to take approximately 12 days of leave when the baby arrives. During this time, The Reverend Graeme Hodgkinson, along with our Licensed Lay Ministers Kim Johnstone and Leonie Wells, will kindly oversee the services in my absence.

Mothering Sunday

Mothering Sunday is usually celebrated on the 4th Sunday of Lent. I wish all our mothers and mother figures a very happy and blessed Mothering Sunday. We also pray for mothers who are facing difficult situations in their family lives, particularly those affected by war, violence, and poverty.

World Day of Prayer

It was a great joy to join fellow Christians at the Seventh-day Adventist Church in Chinderah last Friday for the World Day of Prayer, which focused on Nigeria. Over 90 Christians gathered to pray for the nation. I had the opportunity to speak about Nigeria—its joys and challenges—and especially about the plight of persecuted Christians.

Our parish was very well represented and will have the privilege of hosting next year's World Day of Prayer. A total of \$1,223.60 was raised to support Christians in Nigeria, which is a wonderful effort. Well done to everyone who supported this meaningful event.

Holy Week 2026

The services for Holy Week have been advertised in Higher. Please make plans to attend if you are able. Together, let us remember the death and resurrection of our Lord Jesus Christ, who gave His life for our salvation.

Labyrinth Walk with Sue and Randal Dennings

Last Saturday was a spiritually uplifting day as we gathered for the Labyrinth Walk. We are grateful to Randal and Susan Dennings for guiding us on this reflective journey of prayer and spiritual growth in Christ.

Thank You

I am deeply grateful for your support and generosity of spirit—through your time, gifts, and financial contributions. A special word of thanks to those who assisted with the office relocation and the “stained-glass” windows project. May the Lord reward your kindness and generosity abundantly.

May this Lenten season draw us ever closer to Christ and help us become instruments of His peace in our world.

God bless you and your families.

In Christ,
Constantine

Prayer for Peace by St John of the Cross

O Blessed Jesus, grant me stillness of soul in Thee.

Let Thy mighty calmness reign in me.

Rule me, O thou King of gentleness, King of peace.

Give me control, control over my words, thoughts and actions.

From all irritability, want of meekness, want of gentleness, O dear Lord, deliver me.

By thine own deep patience give me patience, stillness of soul in Thee.

Make me in this, and in all, more and more like Thee. Amen.

Prayer of St Augustine

God of our life,

There are days when the burdens we carry
chafe our shoulders and weigh us down;

when the road seems dreary and endless,
the skies grey and threatening;

when our lives have no music in them,
and our hearts are lonely,

and our souls have lost their courage.

Flood the path with light,

turn our eyes to where the skies are full of promise;

tune our hearts to brave music;

give us the sense of comradeship

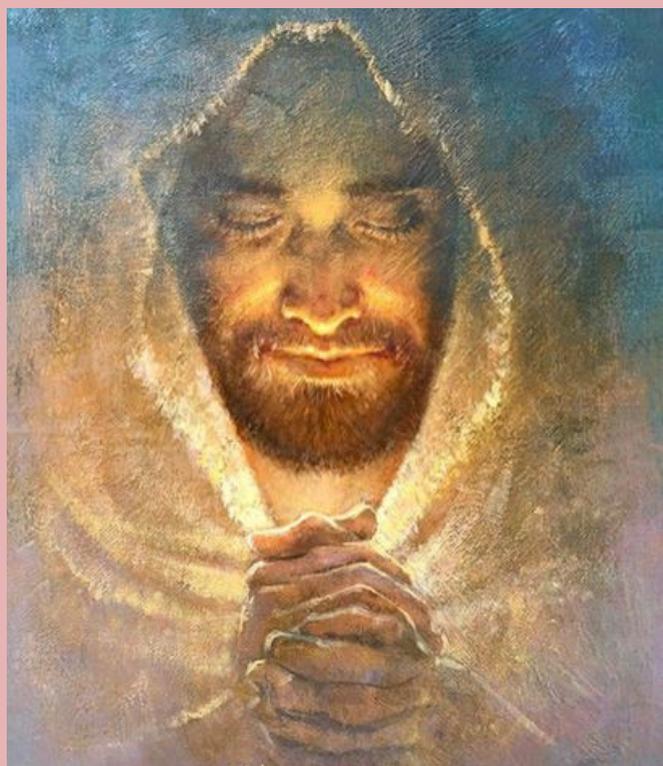
with heroes and saints of every age;

and so quicken our spirits

that we may be able to encourage

the souls of all who journey with us
on the road of life,

to your honor and glory. Amen.



New Parish Office Set Up in Record Time

The Parish office was successfully relocated from the Parish Hall to downstairs in the Old Rectory (in what used to be the “Community Use Room”) on Monday. A monster group of eager volunteers showed up to help with the move orchestrated, without a hitch, by Huck : Liz and Laurie, Glenn and Gail, and Phil, Marta and Bevan. And “the cherry on the cake” came when stalwart techie Mike Sainsbury turned up around 5.30 pm to connect the computers to the network ready for work the next morning. Mission accomplished!

On Wednesday, Huck, Glenn and Phil got cracking removing the partitions in the former office space to prepare it for Anglicare, who are moving in to establish a community food pantry after Easter.



New Look for St Marks Community Garden

A busy working bee at St Mark's last Saturday saw its locally famous Community Garde given a makeover in the Church's picturesque, backyard. The garden beds have been relocated and functionality and appearance improved with the installation of hard wood frames and irrigation



Holy Week & Easter 2026 Services

Palm Sunday -29 March

8.30am – St James

10.30am – St Mark's

Maundy Thursday (2 April)

7.00pm – Mass of the Lord's Supper with Washing of the Feet (St James), followed by Silent Prayers & Adoration till 10pm.

Good Friday (3 April)

9.00 am -Liturgy of the Passion (St James)

10.30am – Stations of the Cross (beginning at St Anthony's)

3.00pm – Liturgy of the Passion (St Mark's)

Holy Saturday – Easter Vigil (4 April)

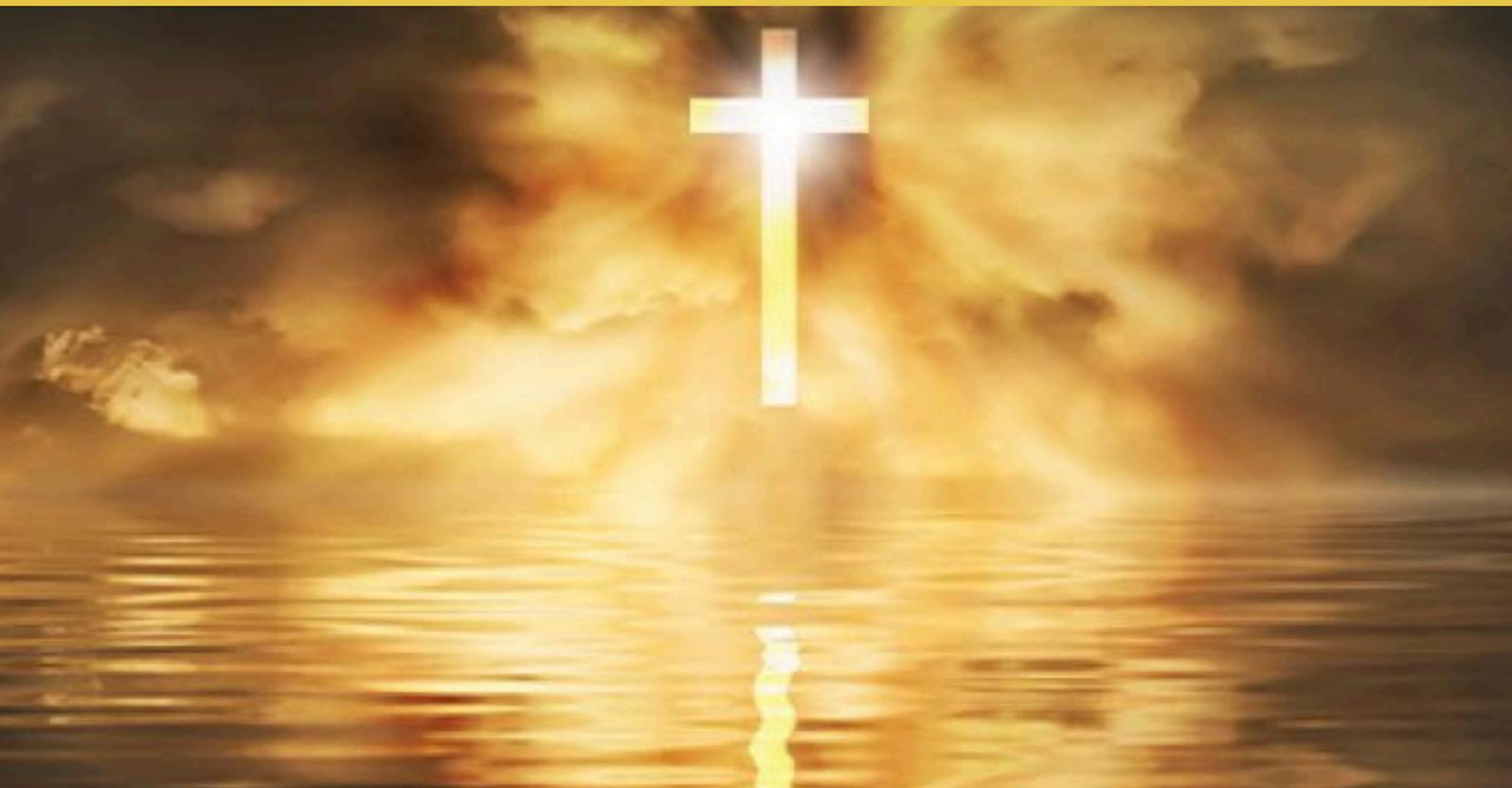
7.00pm – Holy Communion Service (St James)

Easter Sunday (5 April)

8.30am – St James

10.30am – St Mark's

Lenten Quiet Day at Carmelite Monastery on 14 March has been postponed to a later date to be confirmed.



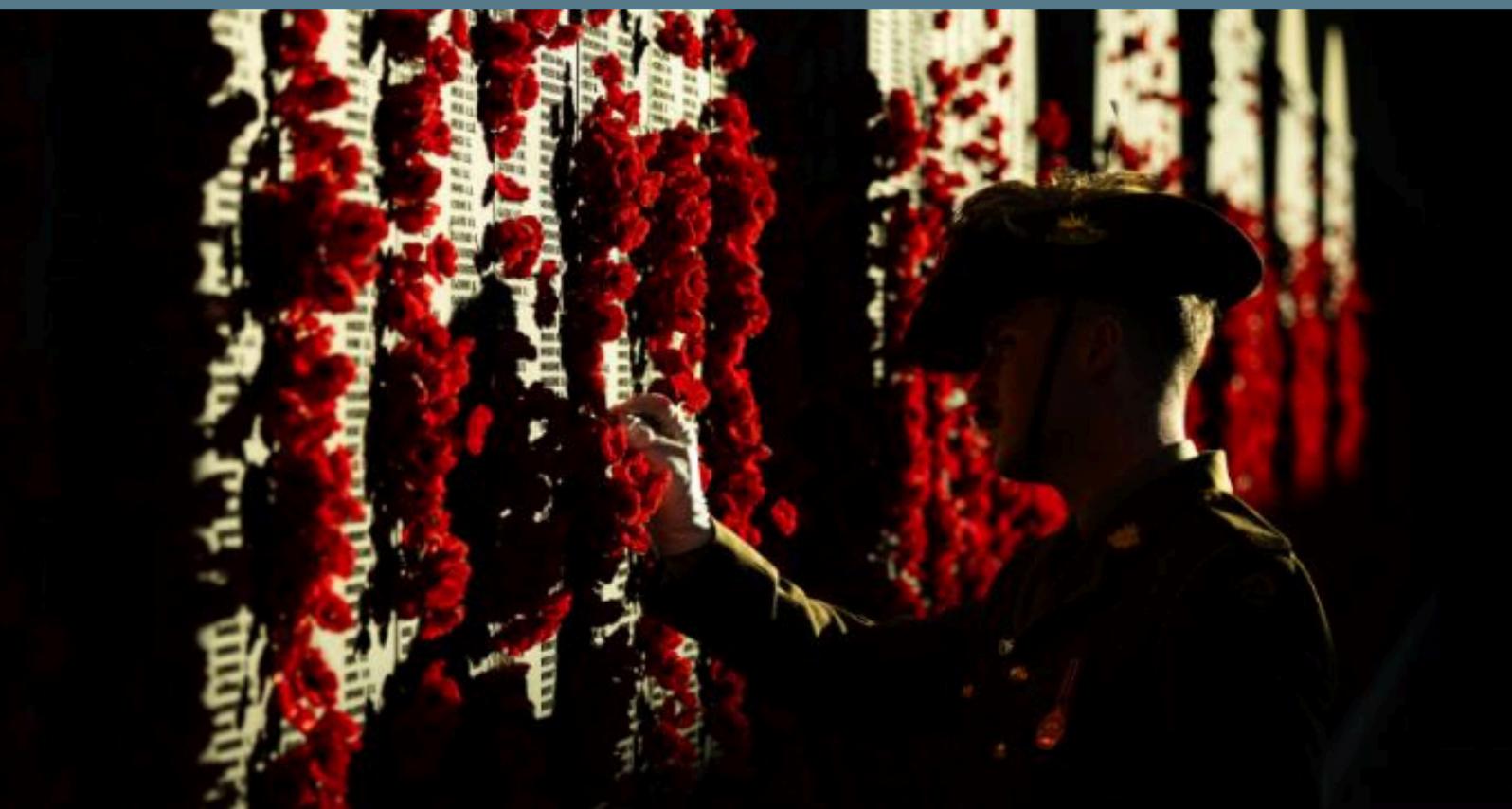
New Parish Council Convenes

The new Parish Council for 2026 met for the first time on Wednesday night and got straight down to business. Significant decisions made included : approval of the proposal to hire part of the Parish Hall to Anglicare for use as a community food pantry; the request to withdraw \$8000 from the Jack Davey Fund to pay architects fees for Master Planning; and the allocation of \$500 to inauguration gifts for new Bishop Tiffany Sparks. Council also heard of the hope that, in the spirit of teamwork, councillors might agree to serve the Parish in a specific portfolio, such as Fundraising and Church Safety.

ANZAC Day Planning

ANZAC Day might seem a long way off but for the many proud Australians at St Mark's it cant come soon enough. Before the traditional ANZAC March at 7.30 am Rev. Constantine will lead a service at St Marks on Saturday April 25.

Volunteers are needed from 7 am to cut and hand out sprigs of rosemary. Also, anyone who can donate small safety pins can they please do so : they will be most welcome as previous experience has been that they run out.





DISASTER
RECOVERY
VOLUNTEERING
1998 – 2023

Bringing hope in times of disaster.

Anglicare Disaster Recovery helps prepare and support local volunteer teams to provide compassionate care and assistance to those affected by major emergencies, ensuring they receive the help they need in times of crisis.



Information & Training Sessions: Northern Rivers

Murwillumbah

Tuesday 17th March

9.30am

All Saints Anglican Church

26-30 Byangum Rd

Murwillumbah

Catering will be Provided

Visit our website and learn more:

www.anglicarenorthcoast.org.au

Phone:

(02) 6645 1244 or: 0429 329 777

Email Owen Gray:

oweng@anglicarenorthcoast.org.au



Disaster Recovery

Bringing hope in times of disaster



Be the hope

Bushfires, floods, and cyclones are a challenging reality in Australia. When disasters like these happen, it's only natural to want to lend a hand and support affected communities and families – and now you have the opportunity to do just that!

As a registered Disaster Recovery (DR) Volunteer, you'll play a vital role in bringing hope and support to those in need during times of disaster. Based around your availability, you'll have the opportunity to provide personal support and distribute essential emergency supplies to people affected by disasters. Working alongside your Team Leader and other disaster response agencies, you'll help ensure that your local Evacuation or Recovery Centre operates smoothly, making a real difference in your community.

Volunteering doesn't have to be a regular commitment. You can stay prepared by participating in short courses each year, along with practical drills, seminars, and other training opportunities – ensuring you're always ready to step in when you're needed most.



Our Volunteers

As an Anglicare Disaster Recovery volunteer, you'll have the chance to:

- Make new friends and become part of a dedicated team.
- Offer personal emotional support to those in need.
- Play a key role in helping communities recover.
- Help distribute essential supplies at evacuation centres.
- Participate in community assistance initiatives under government guidance.
- Truly make a difference in local communities.

Volunteering with Anglicare is a meaningful way to contribute and grow – together, we make a real impact!

"Volunteering with Anglicare Disaster Recovery team, it doesn't take much of your time but can make a big difference to people when disaster hits."

Heather, Southern Highlands Team

"Anglicare Disaster Recovery is a great way to give back to your community when they need it most and when they are most vulnerable."

Rokelle, Western Sydney Team

Ready to begin your journey?

You're welcome to start your volunteer journey by either joining a new recruit online meeting with the team where you can see some videos, ask questions and meet other volunteers (held monthly) or jump in to some interactive online introductory modules which you can start at any time.

Additionally, if your church or community group is interested in partnering with Anglicare for Disaster Recovery, we can also arrange face-to-face New Recruit training for larger groups. It's a wonderful way to equip your peers to serve their community with love and care.

We'd love to hear from you!

anglicare.org.au/disaster-recovery/#enquiry



THE LINDISFARNE P&F ASSOCIATION PRESENTS

TRIVIA NIGHT



SATURDAY, 21 MARCH
6.30PM TO 9.30PM

ARRIVE EARLY... TRIVIA STARTS AT 6.30PM

Senior Centre, Middle and Senior Campus
86 Mahers Lane, Terranora

Tables of Eight (\$200 per table). Single Tickets \$25

BYO drinks and nibbles



LINDISFARNE
Anglican Grammar School

BOOKINGS
trybooking.com/DJJVH

The Most Reverend Hosam E. Naoum

Anglican Archbishop in Jerusalem

The Fifteenth Bishop of the Episcopal/Anglican Diocese of Jerusalem

28 February 2026



Dear Beloved Brothers and Sisters in Christ,

As you are all now painfully aware, in the early hours of this morning, February 28th, a coordinated and massive military assault was launched by the United States and Israel against numerous cities and installations within Iran. This operation, described by the leaders of the two nations as a “pre-emptive” attack, has brought fire and destruction to the heart of Tehran, Isfahan, and beyond, striking at the very centers of governance and civilian life. Moreover, just prior to these events, Israel had also “pre-emptively” attacked various targets in southern Lebanon, where the number of casualties has yet to be determined.

Tragically, the cycle of violence has expanded with terrifying speed. In the hours following, Iran launched a widespread reprisal, with missiles and drones targeting Israel and U.S. military assets across the Gulf—striking installations in Kuwait, Bahrain, the United Arab Emirates, Kurdistan-Iraq, Jordan, and Qatar. Sirens also blared across the Holy Land, warning of incoming missiles from Iran. Suddenly, our people from the Mediterranean to the Persian Gulf find themselves once again huddled in shelters, fearing for their lives as the shadow of a total regional war looms over us.

These developments strike at the very soul of our Province of Jerusalem & the Middle East. Every single nation now engaged in this combat, and those bearing the brunt of the retaliatory strikes, resides within our ecclesiastical boundaries. Our brothers and sisters in the Diocese of Iran are currently enduring the terror of aerial bombardment; our members in the Diocese of Cyprus & the Gulf are witnessing the arrival of war at their doorsteps; and our faithful in the Diocese of Jerusalem—extending across Israel, Palestine, Jordan, Lebanon, and Syria—face an unprecedented threat of military escalation.

In the face of such overwhelming force, we recall the words of our Lord Jesus Christ: “Blessed are the peacemakers, for they will be called children of God” (Matt 5:9). Today, that calling feels heavier than ever before. When the “spirit of fear” threatens to consume our hearts, we must anchor ourselves in the “spirit of power, and of love, and of a sound mind” (2 Tim 1:7).

First, I call upon the global Church to join us in urgent, unceasing prayer. We implore God to protect the innocent—the mothers, the children, and the elderly—who are caught in the crossfire of this “Operation Epic Fury” and the subsequent “crushing responses.” We pray specifically for a “sound mind” for the leaders of the United States, Israel, and Iran, that they might recognize the futility of this bloodshed and turn back from the precipice of a global catastrophe.

Second, we must offer each other the sanctuary of Christian love. I therefore urge our clergy and laity to be beacons of comfort. In a time of “regime change” rhetoric and military ultimatums, let our message be the unchanging promise of Christ’s peace; to build each other up (1 Cor 8:1), for our hope is not in the strength of armadas or missile shields, but in the Prince of Peace.

Finally, we must remain “Bridge Builders.” Even as diplomatic windows seem to slam shut, the Church must keep the doors of reconciliation open. We refuse to see our neighbors as enemies, whether they be in Tehran, Tel Aviv, or the military bases of the Gulf. I extend an urgent invitation to the wider Anglican Communion and all people of goodwill: Intercede for us now. The hour is late, and the danger is great. We remain “battered and bruised, but not defeated.” May the peace of God, which passes all understanding, guard our hearts and minds in Christ Jesus.

In Christ,


++ Hosam Jerusalem

The Most Reverend Dr. Hosam E. Naoum

Primate and President Bishop

The Province of Jerusalem & the Middle East

The Cathedral Church of Saint George the Martyr

Nablus Road 65

Jerusalem 91191 P.O. Box 19122

Tel: +972 (0) 2 627 1670

Fax: +972 (0) 2 627 3847

E-Mail: bishop@j-diocese.org

**Pastoral Care of Domestic & Family Violence Survivors
in Church Communities - Understanding Trauma
Responses
For Clergy and Pastoral Staff**

WEBINAR

Join Us Live For A
Lunch & Learn

Webinar + + + +
Tuesday + + + +
17 March, 2026 + + + +

12.30 – 2.00pm (AEDT)

This webinar is for
Anglican Clergy and
Pastoral Staff



**Presenter : Ruth Holt
Clinical Psychologist**

[Register here](#)

More details at www.tencommitments.org.au



Anglican Church of Australia
FAMILIES & CULTURE COMMISSION



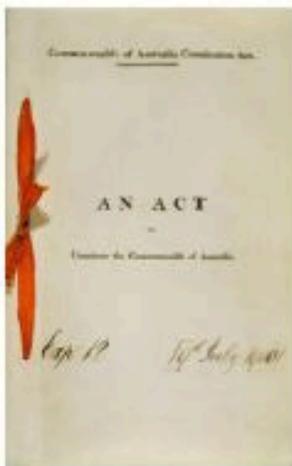
**ten
commitments**

Hats off!

to our

Federal Constitution

Want to know more about Australia's Constitution?



*Come and **enjoy** an entertaining talk
at*

***St Mark's Anglican Church**
15A Coronation Avenue
Pottsville*

Monday 16 March at 7:00pm
Everyone welcome!

VISITING SPEAKER

Mr John Christensen, is a retired lawyer with 40 years experience as a legislative drafter and lecturer in Australia and overseas.

John will be presenting his entertaining and informative talk at St Mark's Anglican Church, Pottsville. The talk will be interactive, starting with stories about the people who were involved in creating our Constitution - a story that deserves to be told.

There will be an opportunity for a Q&A session following the presentation.



NOTE: This project is a self funded initiative and is non political — no fee is charged

Website: www.ozhomenow.au

AMUA Mothering Sunday

Overseas Target Project 2026-2027

TEACHING ADULTS LITERACY

IN THE

SOLOMON ISLANDS



Anglican
Mothers Union
Australia

AMUA branches will again celebrate Mothering Sunday and invite parishioners to contribute to our retiring collection to support Mothers Union work.



AMUA accepted the invitation from Mary Sumner House to support women in the three Solomon Island Dioceses of Ysabel, Malaita and Guadalcanal. Literacy skills taught will enable women to become more independent and self-reliant, enabling them to participate more effectively in church, community and family activities. This will result in more stable families and decrease levels of family violence. Please keep the team in your prayers as they work with local communities and...

THANK YOU FOR YOUR SUPPORT

Fundraiser FASHION PARADE

Supporting Wedgetail Retreat

Saturday 28th March

3-5pm

\$49 includes bubbles on arrival,
canapés, indulgence bag, \$10 donation

- **Silent Auction**
- **Raffles to the value over \$1000**
- **Lucky Door Prize**
- **Best Dressed Prize**
for the most beautiful & bright
- **Tickets available using QR code or instore**

Live Music

Venue Cabarita Beach Bowls
Cabarita Road

Brought to you by Drift Clothing. 0418 799 115



Prayer of the Week

Almighty God, in Christ you make all things new: transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your heavenly glory; through Jesus Christ our Lord.
Amen.



Bank Account Details

If you would like to contribute financially to the life and mission of both churches in the Parish of Kingscliff by electronic means, our bank account details are:

BSB: 062-673

Account: 1001 5155

Account Name: Anglican Parish of Kingscliff

Thank you for your support, we appreciate your generosity.

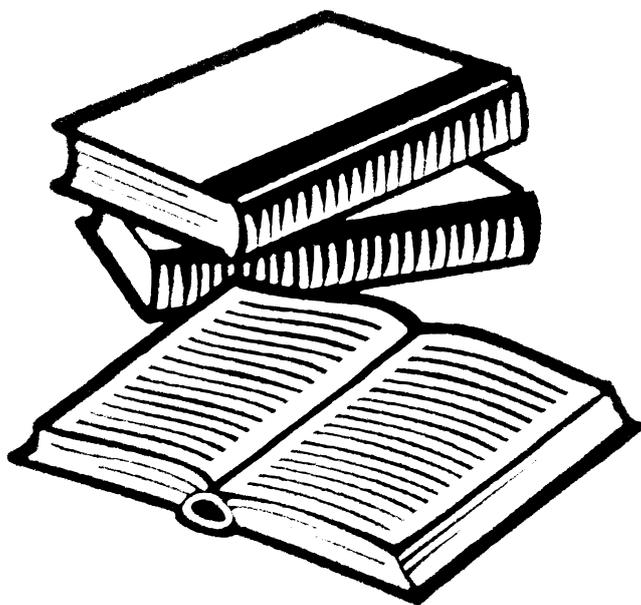
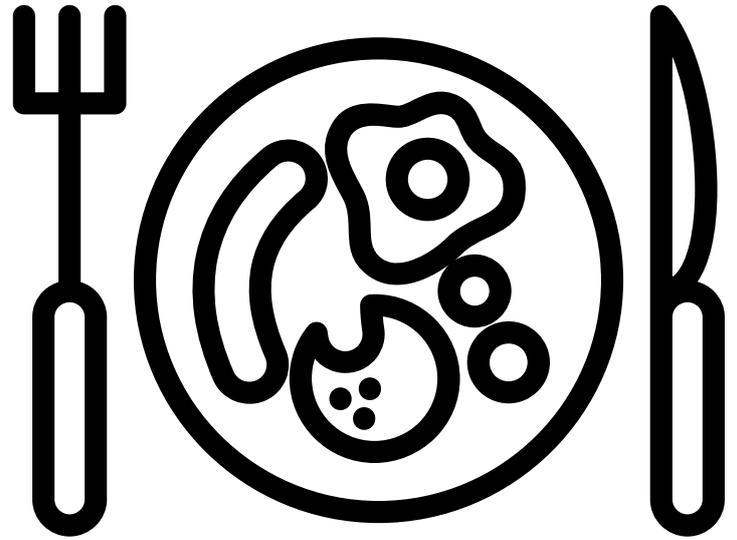
Parish Food Ministry

The Parish would like to thank all who helped distribute the meals through the Food Ministry this week, add both St Marks and St James. Well done all for keeping this vital long running ministry alive.

St James - 37 meals

St Marks - 61 meals

Praise be to God!



Sunday Worship Readings

SSunday 15 March 2026

1 Samuel 16 v 1-13
Psalm 23
Ephesians 5 v 8-14
John 9 v 1-41

Sunday 22 March 2026

Ezekiel 37 v 1-14
Psalm 130
Romans 8 v 6-11
John 11 v 1-45

Service Schedule

St James @ 8.30am

Sunday 15th March 2026

Officiant & Preacher:

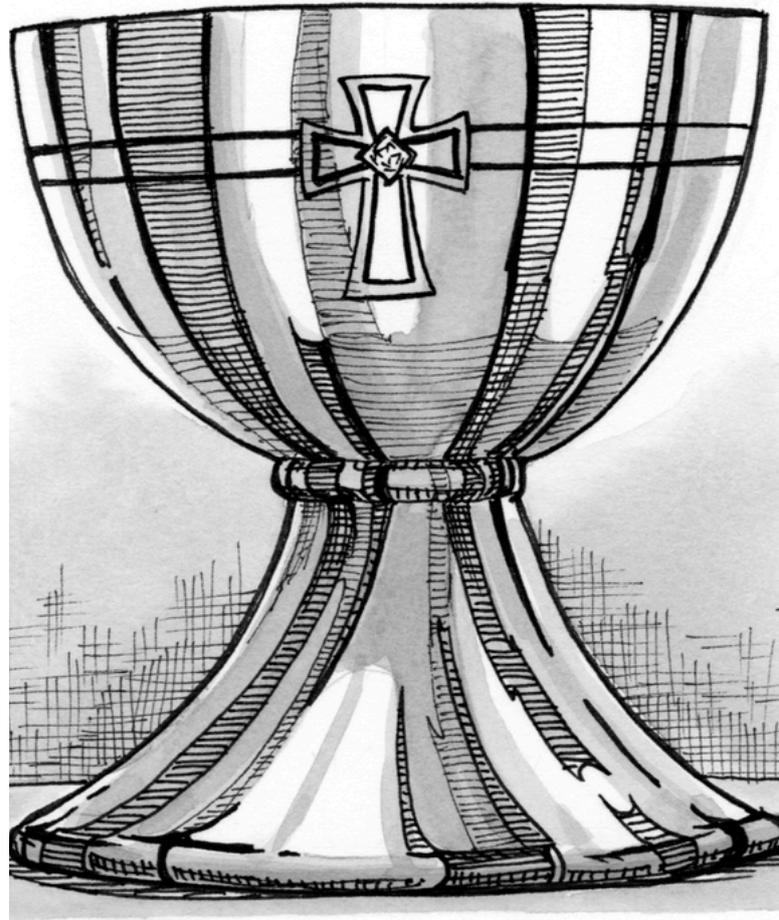
Rev. Constantine Osuchukwu

St Marks @ 10.30am

Sunday 15th March 2026

Officiant & Preacher:

Rev. Constantine Osuchukwu



Contacts

Parish Office

www.apok.org.au

p: 02 6674 1513

e: office@apok.org.au

Rector

Reverend Constantine Osuchukwu

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rector@apok.org.au

Wardens

Stephen Elworthy

0408 757 876

Jason Saltearn

0406 450 056

jsaltearn@gmail.com

Brian Wyver

0412 324 161

Grievance Officers

Graeme Hodgkinson

0407 209 819

Marg Dephoff

0437 400 429

Parish Calendar for March 2026

● Mondays

- U3A Art Group – St Mark's Pottsville, 9:00am–12:00pm
- Bible Study – 10 Guilfoyle Plc, Cudgen, 2:00pm–4:00pm
- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm
- Soup Kitchen, St James Kingscliff from 6:00 pm to 7:00 pm

● Tuesdays

- Meals Handout – St Mark's Pottsville 11:00am–1:00pm
- Justice of the Peace -St Mark's Pottsville 9:00am -12:00pm
- Holy Communion/Eucharist at St Mark's 12.30pm -1pm
- AA Meeting – St James Kingscliff, 7:30pm
- Pottsville Community Association – Last Tuesday of the month, 6:00pm

● Wednesdays

- Holy Communion/Eucharist – St James Kingscliff, 10:00am
- Ecumenical Bible Study -St Mark's Pottsville 10:00am
- Christian Meditation -St James Kingscliff, 4pm, Zoom Link:
<https://us02web.zoom.us/j/89184784092pwd=TFI3eWc1UXM0b3VVZnR5bkMxUIM1Zz09>

● Thursdays

- Ladies Craft Group – St Mark's Pottsville, 9:00am–12:00pm
- Meals Handout – St James Kingscliff, 11:00am–1:00pm
- AA Meeting – St Mark's Pottsville, 6:00pm

● Fridays

- Making Art Group – St. Mark's, Pottsville, 10:00am to 2:00pm
- Making Art Group – St James, Kingscliff, 1:00pm to 4:00pm

● Saturdays

- Community Garden Club – St Mark's Pottsville, 9:00am–11:00am
- Sister Suzie's Sewing Circle – 10 Guilfoyle Plc, Cudgen, 1:00pm–3:00pm
- Seven-Day Adventist Church at St Mark's, 9.00am -1.00pm
- Healing Service (Book of Common Prayer) -St James Kingscliff, 5pm (1st Saturday)

● Sundays

- Holy Communion/Eucharist, St James Kingscliff, 8:30am
- Holy Communion/Eucharist, St Mark's Pottsville, 10:30am
- Contemporary Service, 5pm, St James Kingscliff, every second Sunday of the month

📌 Upcoming Events:

- **Monday, March 16th** – John Christensen talk – see flyer in emails from Peter Pine
- **Saturday 21st March - Making Palm Crosses Workshop/Working Bee**
- **Thursday 2nd April** - Maundy Thursday Eucharist at 7pm at St James.
- **Friday, 3rd April** -9.00 am -Liturgy of the Passion (St James) Good Friday Stations of the Cross with St Anthony's Catholic Parish at 10.30am; **Good Friday Service**, 3pm at St Mark's
- **Saturday, 4th April - Easter Vigil Service** at 7pm at St James
- **Sunday, 5th April- Easter Sunday**, 8.30am at St James and 10.30am at St Mark's.