



ANGLICAN PARISH OF KINGSCLIFF
BULLETIN

Higher

“as it is in heaven”

VOL 52 FEBRUARY 8 2026

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Higher

Welcome stranger! If you are visiting St James in Kingscliff or St Marks in Pottsville, this page is especially for you. We are the two Anglican Churches in this part of the world and are delighted to welcome you to our growing Parish. You can learn more by leafing through this magazine, HIGHER, our weekly bulletin, which keeps our Christian community informed and updated about all that is going on.

If you are curious to know more about our Christian faith please contact our Rector, Rev. Constantine Osuchukwu whose details can be found at the back of this bulletin. Give him a call and invite him for coffee. We are all about hospitality and the love of God here and would love you to join us. You can also get a better idea of who we are what we are about by attending worship on Sundays (8.30 - 9.30 am at St James, 10.30 - 11.30 am at St Marks) and staying on for morning tea afterwards.

**Transformed
by the Gospel**

Letter from Constantine

Dear sisters and brothers in Christ

“The eternal God is our refuge, and underneath us are God’s everlasting arms.” (Deuteronomy 33:27)

Life often throws us curveballs, demanding strength we fear we don’t possess. In those moments, we are reminded that our God is a God of the impossible. He does not promise a path without trials, but He does promise that we will not be overcome by them.

As the new year unfolds, let us entrust all our trials, pains, and hurts to Him. We can walk in confidence, knowing that underneath us—supporting, catching, and holding us—are God’s everlasting arms.

Annual General Meeting – 28 February 2026 at 11.00 am

The AGM is upon us. Please make plans to attend. We will receive nominations for new members of the Parish Council, Synod representatives, and parochial nominators. We will also hear about our financial situation when the budget is presented.

In addition, the AGM will be an opportunity to recommit to our **APOK 2031 vision** and to begin realistically shaping our master plan for both **churches**.

Men’s Breakfast – 7 February 2026 at 8.00 am

Please join us for our bi-monthly **Ecumenical** Men’s Breakfast in the parish hall. Our guest speaker will be Josh Quiah, a Muslim convert to Christianity. It promises to be a fascinating and encouraging testimony.

Lent 2026

Lent begins on Ash Wednesday, 17 February 2026. Ash Wednesday services will be held at 10.00 am at **St James** and **5.30 pm at St Mark's**. Please come along as we begin our 40 days of prayer and fasting, following Jesus in the wilderness and remembering his suffering, death, and resurrection.

To help us go deeper in our relationship with Jesus, Lenten studies will be held:

- **Mondays at 2 pm at Adrienne's Home**
- **Tuesdays at 4.00 pm at St James**
- **Wednesdays at 11.30 am at St James**

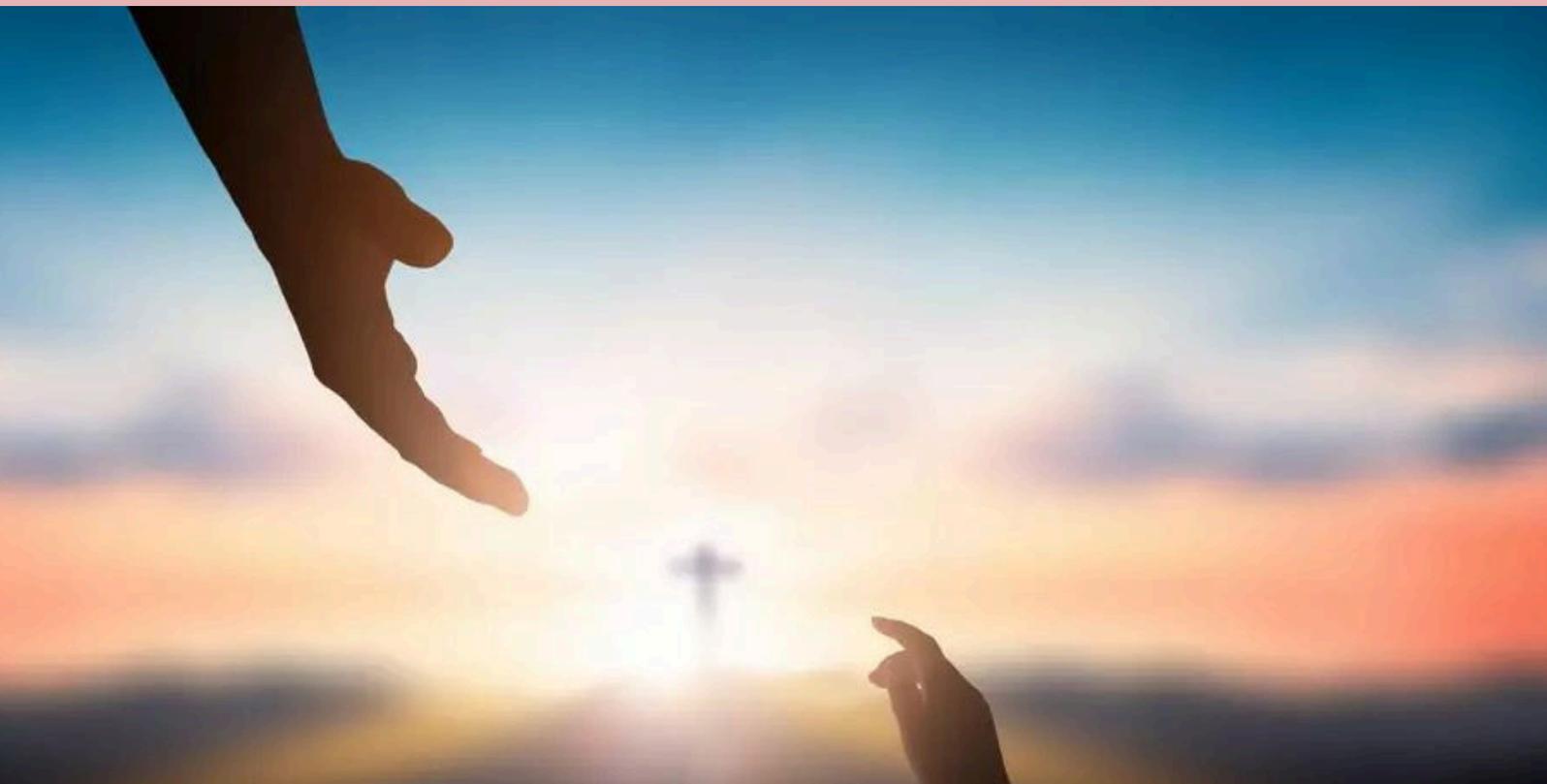
Thank you

I thank God for each and every one of you, and I remember you with joy in my prayers. Thank you for your support, kindness, prayers, and exemplary Christian witness. May the Lord bless you and yours, today and always.

Please remember to pray for me and mine.

In Christ,

Constantine



A Parish Prayer for Growth (APOK 2026-2032)

Loving God,

We thank you for your faithfulness and love.

We commit ourselves once more to growing deeper in our relationship with Jesus Christ;

And to become missionary disciples of His love.

Enable us by your Holy Spirit to grow our congregation;

To grow our resources and engagement with our communities;

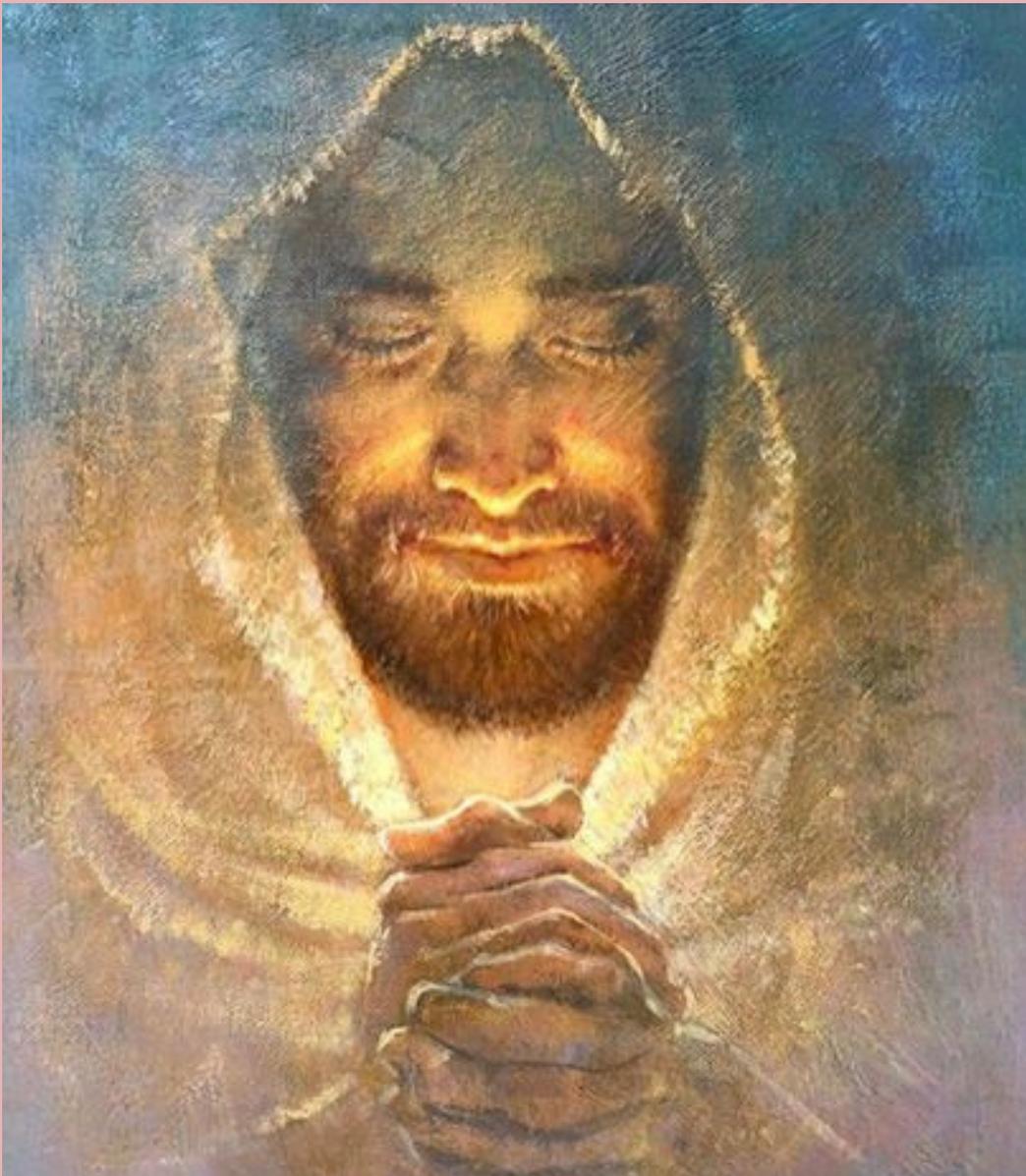
And to make a positive impact in our Tweed region and around the world.

Transform us by your grace,

and make us bearers of your hope and joy in our world today.

We pray for Jesus' sake.

Amen.



Josh Quiah to Address Men's Breakfast this Saturday

The Ecumenical Men's Breakfast is back on at 8 am in the Parish Hall, tomorrow, Sat Feb 7, with Josh Quiah to address the men as they enjoy their bacon and eggs. Josh was raised in a Sunni Muslim family in Sierra Leone, and became a Christian in his youth after hearing a German evangelist preach the Gospel. Praise God! for the power of the Gospel!

Josh's conversion to faith led to rejection and persecution by his family, and - due to the wars in Sierra Leone and Liberia - he came to Australia as a refugee. He is married to Amanda, also a mental health physician, and they share three beautiful children.

What a stimulating morning it promises to be. If you're a bloke, keen to hear about other another Christian's faith journey, we'll see you there!



Last Chance to Feast : Pancake Day (aka “Shrove Tuesday”)

Lovers of pancakes will be delighted to know that our Christian faith shares your appreciation by observing the solemn rite of Pancake Day (also known as Shrove Tuesday) every year. This year, Tues 17th is your last chance to indulge in a tasty breakfast treat before the season of Lent arrives in the lead up to Easter. Lent is all about fasting, so make the most of this scrumptious feast day, which is being celebrated in the Parish Hall at St James from 8.30 am. [Note : the French name for it is Mardi Gras (“Fat Tuesday”) so if you’re watching your waistline, be warned].

Please let us know you are coming by adding your name to the list in the foyer after Church on Sunday.



Soup Kitchen Volunteers Meeting

All those dedicated parishioners who've volunteered at the Monday Soup Kitchen are invited to attend a meeting in the Parish Hall after Church on Sunday. The meeting will review our efforts of the last months, formalise policies on Pastoral Care, and consider ways forward as we seek to provide a ministry relevant to local needs. A roster for Feb - April will be distributed and volunteers called for to form a committee.



Call for AGM Reports and Nominations

The Parish will hold its AGM, an annual recap of the year just past, and election of officeholders for the year to come, from 11 am on Feb 28th. Activity reports for the past year are due from all ministry leaders by next week, so the Parish Report can be finalised. Nomination forms will be available at both centres from Sunday, so if you would like to see someone appointed (or re-appointed) to one of the vacancies below, fill one in and submit it to the Wardens or at the office.

Wardens
Parish Councilours
Parrochial Nominators
Synod Representaves

Contemporary Worship Service

The CWS returns to rock Kingscliff this Sunday, with its dynamic mix of contemporary sounds, modern hymns and inspiring messages. This month the hip gathering of local lovers of Jesus Christ will hear from Baraka, a PAIS student who will speak on

Lenten Study Programme

Rev. Constantine advises that the following groups will follow the Lectio 365 Lenten Study on the Desert Fathers and Mothers :

1. Monday Bible Study Group at Adrienne Freckelton's home in Cudgen, 2 - 4 pm

2. Tuesday Bible Study Group in St Marks Meeting Room at 4 pm, led by Peter Pine.

3. Wednesday Bible Study Group in the Parish Hall, St James from 11.30 am, led by Rev. Constantine.

Note : Members of the Thursday Mens' Bible Study Group at Mike Sainsbury's are encouraged to join the True North series in Cabarita, from Thurs Feb 12. Please register with Peter Pine.

Christian Creative Art Group

Starting 6 February 2026

Saint Mark's Anglican Church Pottsville 10am to 2pm each Friday morning. Morning tea supplied.

Bring your own lunch.

Come when you can leave when you must.

Bring your own art supplies if you have some.

We have some we can supply for use if you want to try it and do not have your own. **Cost \$3.00**

Enquiries: Lorinda Lane 0448832988



ANGLICAN PARISH OF KINGSCLIFF
ST JAMES KINGSCLIFF
ST MARK'S POTTSVILLE

AGM
ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting of the Anglican Parish of Kingscliff will be held in the church, St James, Kingscliff (120 Marine Pde, Kingscliff) on **Saturday 28th day of February 2026 at 11 am**

The Agenda for the Annual Meeting will be as follows -

- Opening Prayer
- Tabling of the certified minutes of the previous AGM and any Special Meetings in 2025
- Reception of Incumbent's Report for 2025
- Reception of Churchwardens' Report for 2025
- Reception of Parish Organisations Reports for 2025
- Reception of an audited statement of financial position of Parish and any relevant entities including Statement of Profit or Loss, Other Comprehensive Income and Balance Sheet
- Presentation and Approval of Budget for 2026
- Determination of number, appointment and election of Churchwardens:
- Determination of number and election of Parish Councillors
- Election of Synod Representatives. *This is year 1 of a 3 year appointment*
- Election of Parish Nominators *This is year 1 of a 3 year appointment*
- Any other Parish Business

Please note: Please bring a plate to share for lunch following the meeting.

COME AND SEE!

Join us for a modern worship experience with contemporary Christian music and relevant messages that connect with your life. If you are curious to explore a Christian faith why not come and check it out and meet some great people.

WHEN: 2nd Sunday of each Month from 5pm
(Around 45 mins)

Followed by a meal at a local restaurant

AT: St. James Anglican Church
122 Marine Parade, Kingscliff

For more info email
office@apok.org.au

POTTSVILLE COMMUNITY GARDEN REGENERATION

Our beloved Garden is 3 years old and it's time for a major upgrade

We value our Garden

And need a financial boost from the Community



Please DONATE and help ensure the garden is sustainable

HOW TO GIVE - Go to **GO FUND ME** Online

FIND US - Tap on the search icon

TYPE IN - Pottsville Community Garden Regeneration

The fundraiser page has a **donate bar** that leads to a page where you can give as little or as much as you can.

We appreciate your help!

Thanks from the community garden team

LINDISFARNE ANGLICAN GRAMMAR SCHOOL WARMLY INVITES YOU TO

SPIRITUAL GYM

'Family Eucharist'



Please join us on
Sunday, 8 February 2026
4.30pm Refreshments | 5.00pm Service
Mahers Lane Chapel | All Welcome



LINDISFARNE
Anglican Grammar School



St. James Anglican Church Kyogle

St. Marks Anglican Church Urbenville

The Reverend Dr Chibuzo Anene

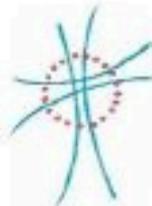
The Right Rev Dr Murray Harvey, Bishop of Grafton, has appointed the Rev Dr Chibuzo Anene Priest in Charge of St James Kyogle and St Marks Urbenville.

You are cordially invited to attend the Commissioning Service at
St James Anglican Church Kyogle
on Tuesday 17th February
at 6pm.

Please join us for refreshments and a light supper after the service to meet Chibuzo, his wife, Joy, and their three children.

R.S.V.P by 9th February

P. O. Box 528 Kyogle NSW 2474
Phone: Parish Office – 66321057
Email: office@stjamesanglican.org.au



Prayer of the Week

Father of all,
who gave your only-begotten
Son
to take upon himself the
form of a servant
and to be obedient even to
death on a cross:
give us the same mind that
was in Christ Jesus,
that, sharing in his humility,
we may come to be with him
in his glory;
where he lives and reigns
with you and the Holy Spirit,
one God, now and for ever.
Amen.



Bank Account Details

If you would like to contribute financially to the life and mission of both churches in the Parish of Kingscliff by electronic means, our bank account details are:

BSB: 062-673

Account: 1001 5155

Account Name: Anglican Parish of Kingscliff

Thank you for your support, we appreciate your generosity.

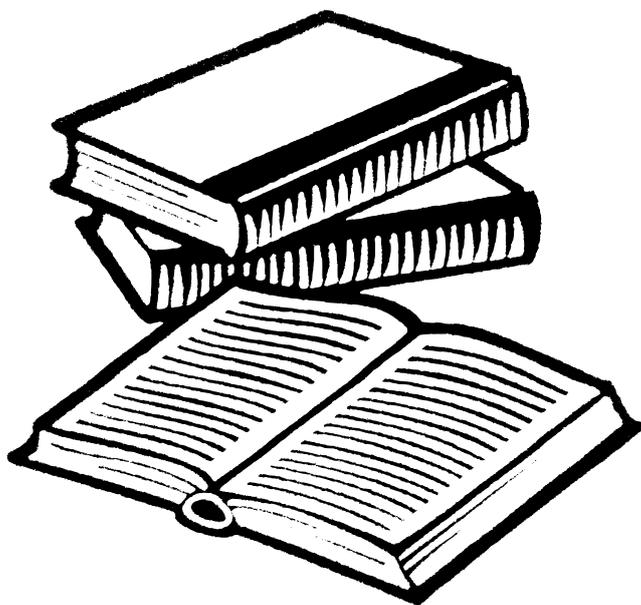
Parish Food Ministry

The Parish would like to thank all who helped distribute the meals through the Food Ministry this week, add both St Marks and St James. Well done all for keeping this vital long running ministry alive.

St James -62 meals

St Marks - 32 meals

Praise be to God!



Sunday Worship Readings

Sunday 8 February 2026

Isaiah 58 v 1-9

Psalm 112

1 Corinthians 2 v 1-13

Matthew 5 v 13-20

Sunday 15 February 2026

Exodus 24. v 12-18

Psalm 2

2 Peter 1 v 16-21

Matthew 17 v 1-9

Service Schedule

St James @ 8.30am

Sunday 8th February 2026

Officiant & Preacher:

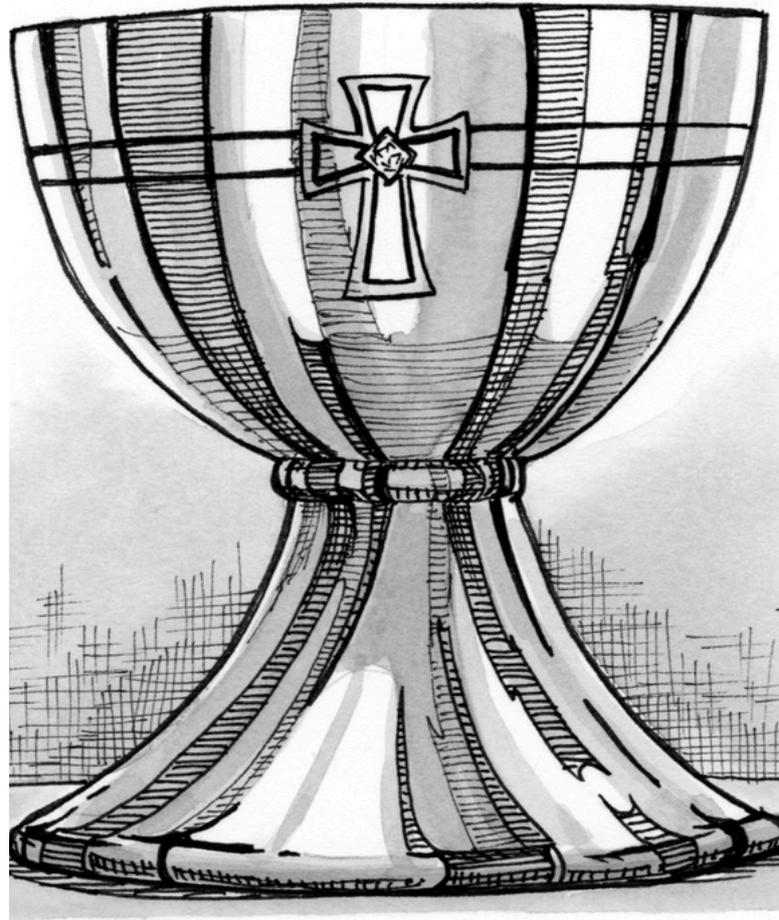
Rev. Constantine Osuchukwu

St Marks @ 10.30am

Sunday 8th February 2026

Officiant & Preacher:

Rev. Constantine Osuchukwu



Contacts

Parish Office

www.apok.org.au

p: 02 6674 1513

e: office@apok.org.au

Rector

Reverend Constantine Osuchukwu

0435 750 155

rector@apok.org.au

Wardens

Stephen Elworthy

0408 757 876

Jason Saltearn

0406 450 056

jsaltearn@gmail.com

Peter Pine

0407 732 440

Grievance Officers

Graeme Hodgkinson

0407 209 819

Marg Dephoff

0437 400 429

Parish Calendar for February 2026

● Mondays

- U3A Art Group – St Mark's Pottsville, 9:00am–12:00pm
- Bible Study – 10 Guilfoyle Plc, Cudgen, 2:00pm–4:00pm
- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm
- Soup Kitchen, St James, Kingscliff from 6:00 pm to 7:00 pm

● Tuesdays

- Meals Handout – St Mark's Pottsville 11:00am–1:00pm
- Justice of the Peace -St Mark's Pottsville 11.00am -1pm
- Holy Communion/Eucharist at St Mark's 12.30pm -1pm
- Bible Study at St Mark's Parish Hall, 4pm
- AA Meeting – St James Kingscliff, 7:30pm
- Pottsville Community Association – Last Tuesday of the month, 6:00pm

● Wednesdays

- Holy Communion/Eucharist – St James Kingscliff, 10:00am
- Christian Meditation -St James Kingscliff, 4pm
- Ecumenical Bible Study -St Marks,Pottsville 10:00am (every second week)

● Thursdays

- Ladies Craft Group – St Mark's Pottsville, 9:00am–12:00pm
- Meals Handout – St James Kingscliff, 11:00am–1:00pm
- AA Meeting – St Mark's Pottsville, 6:00pm

● Fridays

- Making Art Group – St. Marks, Pottsville, 10:00am to 2:00pm
- Making Art Group – St James, Kingscliff, 1:00pm to 4:00pm

● Saturdays

- Community Garden Club – St Mark's Pottsville, 9:00am–11:00am
- Sister Suzie's Sewing Circle – 10 Guilfoyle Plc, Cudgen, 1:00pm–3:00pm
- Seven-Day Adventist Church at St Mark's, 9.00am -1.00pm
- Healing Service (Book of Common Prayer) -St James, 5pm, every first Saturday.

● Sundays

- Holy Communion/Eucharist, St James Kingscliff, 8:30am
- Holy Communion/Eucharist, St Mark's Pottsville, 10:30am
- Contemporary Service, 5pm, St James Kingscliff, every second Sunday of the month

✦ Upcoming Events:

- **AGM, 11.00am** St James, Saturday February 28
- **Ash Wednesday**, 18 February 2026: 10am, St James Kingscliff; 5pm St Mark's Pottsville
- **Parish Council Meeting**, 11 February 5:30 pm, St James Kingscliff