

ANGLICAN PARISH OF KINGSCLIFF  
BULLETIN

# Higher

“as it is in heaven”

VOL 49 JANUARY 11 2025

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# Higher

Welcome stranger! If you are visiting St James in Kingscliff or St Marks in Pottsville, this page is especially for you. We are the two Anglican Churches in this part of the world and are delighted to welcome you to our growing Parish. You can learn more by leafing through this magazine, HIGHER, our weekly bulletin, which keeps our Christian community informed and updated about all that is going on.

If you are curious to know more about our Christian faith please contact our Rector, Rev. Constantine Osuchukwu whose details can be found at the back of this bulletin. Give him a call and invite him for coffee. We are all about hospitality and the love of God here and would love you to join us. You can also get a better idea of who we are what we are about by attending worship on Sundays (8.30 – 9.30 am at St James, 10.30 – 11.30 am at St Marks) and staying on for morning tea afterwards.

## Feasting

# Letter from Constantine

## Thanksgiving, Journey Mercies, and New Year Blessings

Dear Sisters and Brothers in Christ,

“Surely God’s goodness and mercy shall pursue us all the days of our lives...” (cf. Psalm 23)

I arrived safely in Nigeria last Wednesday and have begun preparations for my mother’s funeral service, which will take place on Wednesday, 14th January 2026. It has been a grace-filled experience to reconnect with extended family and rediscover my roots and cultural practice.

Thank you sincerely for your prayers and practical support. They mean so much to us at this time. May the Lord bless and reward you abundantly, in ways only He can.

On another note, I trust that the New Year has begun well for you. pray that it brings us God’s richest blessings in every aspect of our lives. As with every year, there will be moments of joy and sorrow, as well as challenges and uncertainties. Yet, it is important for us to remember that the Lord goes ahead of us, and that His goodness and mercy will pursue us throughout the days and months ahead.

All that God asks of us is that we learn to trust in His loving plans and purposes, and to accept whatever He permits in our lives. As an old prayer reminds us:

“Lord, help me to remember that there is nothing that will happen to me today which, together with You, I cannot handle.”  
I look forward to seeing you again upon my return on the 25th of January. In the meantime, may the Lord bless you and grant you good health, peace, joy, and hope.

In Christ,

Constantine

# THE YEAR AS A HOUSE

Think of the year  
as a house:  
door flung wide  
in welcome,  
threshold swept  
and waiting,  
a graced spaciousness  
opening and offering itself  
to you.

Let it be blessed  
in every room.  
Let it be hallowed  
in every corner.  
Let every nook  
be a refuge  
and every object  
set to holy use.

Let it be here  
that safety will rest.  
Let it be here  
that health will make its home.  
Let it be here  
that peace will show its face.  
Let it be here  
that love will find its way.

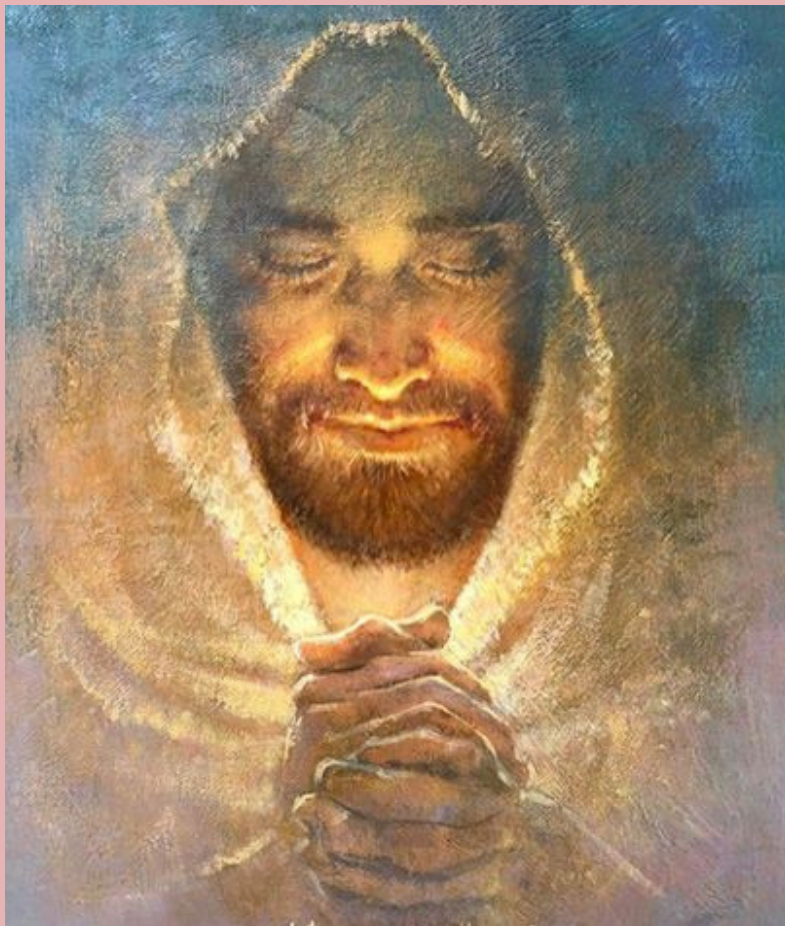
Here  
let the weary come  
let the aching come  
let the lost come  
let the sorrowing come.

Here  
let them find their rest  
and let them find their soothing  
and let them find their place  
and let them find their delight.

And may it be  
in this house of a year  
that the seasons will spin in beauty,  
and may it be  
in these turning days  
that time will spiral with joy.

And may it be  
that its rooms will fill  
with ordinary grace  
and light spill from every window  
to welcome the stranger home.

—Jan Richardson  
*from How the Stars Get in Your Bones: A Book of Blessings.*





# Meet the APOKALYPSE Crew

A script without a production is just words on a bit of paper. Turning a script into a performance requires the skill of those dedicated crewmembers who work “behind the scenes” to make sure that “the show will go on” rail, hail or shine!

Introducing the “unsung heroes”, the rock-steady crew behind the APOKALYPSE productions at St James over the last few years

Wardrobe Mistress  
Audio Technician/Foley Artist  
Stage Manager  
Stage Hand

Adrienne Freckelton  
Mike Sainsbury  
Liz Thomas  
Laurie

The show wouldn't go on without them!













# **Pork on the Fork at Soup Kitchen**

One of the many great things about being a Christian is that pork is not struck from the menu (and nor are ham, bacon or even pigs trotters, for that matter). Next Monday local chef extraordinaire, Mike Sainsbury, will serve his signature roast pork dish to all comers at the Soup Kitchen. Well-known to members of the Thursday Bible Study Group, Mike's roast pork is not to be missed – a message we hope will be shared with the wider community as we seek to expand our welcome to more guests.

## **Soup Kitchen January Menu**

The Christian Calendar includes many feast days (e.g. Christmas, Easter, Pentecost) as well as times of fasting (Lent), to keep things in balance. In our parish, it now seems that every Monday is a feast day with delicious meals for all being rolled out once a week.

With no shortage of volunteer chefs coming forward to cook, the menu for January has taken shape as follows:

- Monday 5<sup>th</sup> Jan – Pea and Ham Soup (Adrienne F.)
- Monday 12<sup>th</sup> Jan – Roast Pork and Vegetables (Mike and Kaz S.)
- Monday 19<sup>th</sup> Jan – Pasta Bake (or Lasagna) and Salad (Raewyn and Geoff)
- Australia Day, Mon 26<sup>th</sup> – Beef Burgers and Snag Sangers (Huck)

The 2026 Soup Kitchen Roster will start in Feb.

## **"New Beginnings" at Contemporary Service**

Fans of the Monthly Contemporary Service will be delighted to learn that as well as the great music and relaxed atmosphere, this Sunday, Richard Curtin will speak on the theme of "New Beginnings". Be there or be a trapezoid!

# **Monday**

## **Soup Kitchen**

*On the Menu - January 12<sup>th</sup>, 2026*



*Roast Pork with Vegetables*

**Free Community Meal Served with LOVE**

**St James Anglican Church 122 Marine Pde/ Pearl St**

**Dining Room Opens, 6 pm.**

**All Welcome!**



## Prayer of the Week

Almighty God,  
who anointed Jesus at his  
baptism with the Holy Spirit  
and revealed him as your  
beloved Son:  
inspire us, your children,  
who are born again of water  
and the Spirit,  
to surrender our lives to your  
service,  
that we may rejoice to be  
called your children;  
through Jesus Christ our  
Lord.  
Amen.



## Bank Account Details

If you would like to contribute financially to the life and mission of both churches in the Parish of Kingscliff by electronic means, our bank account details are:

**BSB:** 062-673

**Account:** 1001 5155

**Account Name:** Anglican Parish of Kingscliff

Thank you for your support, we appreciate your generosity.

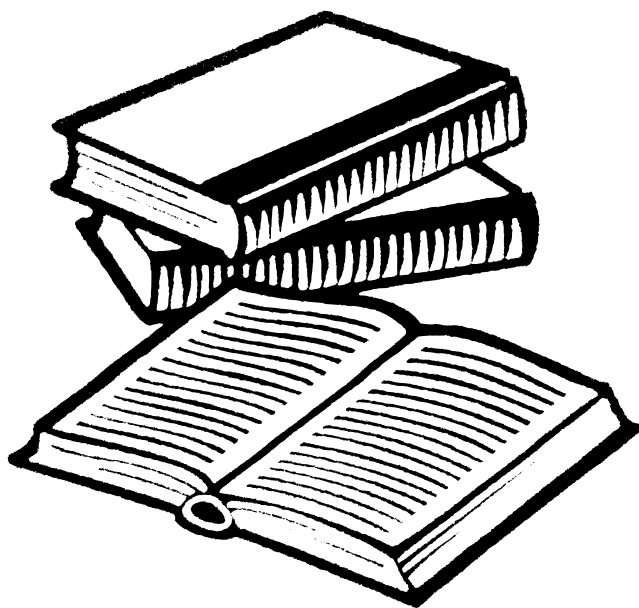
# Parish Food Ministry

The Parish would like to thank all who helped distribute the meals through the Food Ministry this week, add both St Marks and St James. Well done all for keeping this vital long running ministry alive.

St James - 9 meals

St Marks - 3 meals

Praise be to God!



## Sunday Worship Readings

### Sunday 11 January 2026

Isaiah 42 v 1-9

Psalms 29

Acts 10 v 34-43

Matthew 3 v 13-17

### Sunday 18 January 2026

Isaiah 49 v 1-7

Psalms 40 v 1-14

1 Corinthians 1 v 1-9

John 1 v 29-42



# Service Schedule

**St James @ 8.30am**

**Sunday 11 January 2026**

**Officiant & Preacher:**

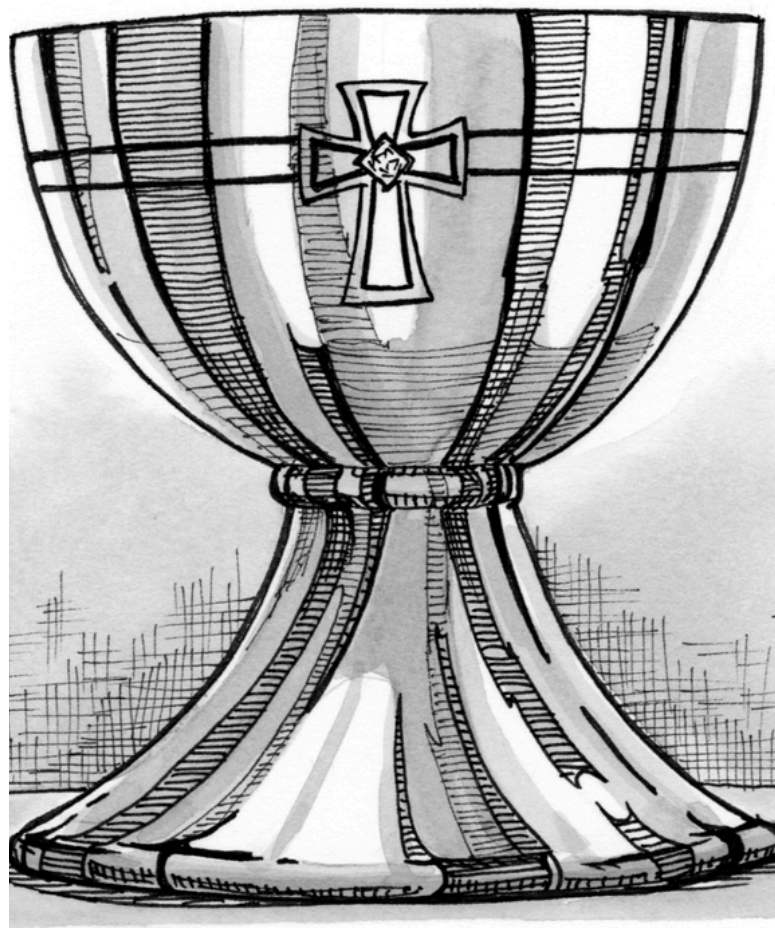
Rev. Graeme Hodgkinson

**St Marks @ 10.30am**

**Sunday 4 January 2026**

**Officiant & Preacher:**

Rev. Graeme Hodgkinson



## Contacts

### Parish Office

[www.apok.org.au](http://www.apok.org.au)

p: 02 6674 1513

e: [office@apok.org.au](mailto:office@apok.org.au)

### Rector

Reverend Constantine Osuchukwu

0435 750 155

[rector@apok.org.au](mailto:rector@apok.org.au)

### Wardens

Stephen Elworthy

0408 757 876

Jason Saltearn

0406 450 056

[jsaltearn@gmail.com](mailto:jsaltearn@gmail.com)

Peter Pine

0407 732 440

### Grievance Officers

Graeme Hodgkinson

0407 209 819

Marg Dephoff

0437 400 429

# Parish Calendar for January 2026

## ● Mondays

- U3A Art Group – St Mark's Pottsville, 9:00am–12:00pm
- *Evening Prayer* – St James Kingscliff, 5:15pm–5:30pm

## ● Tuesdays

- Meal Handout – St Mark's Pottsville 11:00am–1:00pm
- AA Meeting – St James Kingscliff, 7:30pm
- Pottsville Community Association – Last Tuesday of the month, 6:00pm

## ● Wednesdays

- **No Mid-week Services** for the rest of December and all of January 2026.

## ● Thursdays

- Ladies Craft Group – St Mark's Pottsville, 9:00am–12:00pm
- Meal Handout – St James Kingscliff, 11:00am–1:00pm
- AA Meeting – St Mark's Pottsville, 6:00pm

## ● Fridays

- **Activities resume in Feb 2026**

## ● Saturdays

- Community Garden Club – St Mark's Pottsville, 9:00am–11:00am
- Seven-Day Adventist Church at St Mark's, 9.00am -1.00pm

## ● Sundays

- *Holy Communion/Eucharist*
  - St James Kingscliff, 8:30am
  - St Mark's Pottsville, 10:30am
- Contemporary Service, 5pm

---*Contemporary Service*, 2<sup>nd</sup> Sundays of the Month at St James at 5pm.

## 📌 Upcoming Events:

- ***Next Contemporary Service*** is on Sunday, 11 January 2026 at 5pm at St James.