

ANGLICAN PARISH OF KINGSCLIFF  
BULLETIN

# Higher

“as it is in heaven”

VOL 37 OCTOBER 12, 2025

## Contents

The Power of Gratitude  
Constantine's Letter and Prayer  
New Archbishop of Canterbury Appointed  
Blessing of the Animals  
Last Chance to Join the Parish Roll  
Faithfulness in Service  
Parish Getting' Busy Again



# Higher

Welcome stranger! If you are visiting St James in Kingscliff or St Marks in Pottsville, this page is especially for you. We are the two Anglican Churches in this part of the world and are delighted to welcome you to our growing Parish. You can learn more by leafing through this magazine, HIGHER, our weekly bulletin, which keeps our Christian community informed and updated about all that is going on.

If you are curious to know more about our Christian faith please contact our Rector, Rev. Constantine Osuchukwu whose details can be found at the back of this bulletin. Give him a call and invite him for coffee. We are all about hospitality and the love of God here and would love you to join us. You can also get a better idea of who we are what we are about by attending worship on Sundays (8.30 – 9.30 am at St James, 10.30 – 11.30 am at St Marks) and staying on for morning tea afterwards.

**The Power  
of Gratitude**

# Letter from Constantine

Dear Sisters and Brothers in Christ

## **If "Thank You" Is the Only Prayer: The Power of a Grateful Heart**

Our Gospel reading this Sunday is the story from Luke 17:11-19 where ten lepers are healed by Jesus, but only one returns to give thanks. This single act of gratitude didn't just make him polite; it made him whole. Jesus told him, "Rise and go; Your faith has made you well" (Luke 17:19).

This story challenges our own rhythm of prayer. How often do our requests to God far outnumber our thanks? The medieval mystic Meister Eckhart offered a radical perspective: "If the only prayer you ever say in your entire life is 'thank you,' it will be enough."

Enough for what? Enough to realign our hearts with God's grace. It reminds us that gratitude isn't just a response to happiness; it's the path to it. As Brother David Steindl-Rast said, "It is not happiness that makes us grateful, but rather gratefulness that makes us happy."

Our minds have a "negativity bias," clinging to worries, problems, and what we lack. The spiritual practice of gratitude and grateful living is our antidote. By consciously thanking God for our blessings—from the most wonderful gift of redemption in Christ to the abundant beauty of our Tweed Coast and Australian home—we train our hearts to see God's hand in all things. Our faith is activated and made visible when we thank God.

This week let's strive to be the one who turns back. Let's fill our prayers with thanks for creation, for salvation, for family and friends, and for our community.

And on that note, we want to offer a heartfelt thank you to our wonderful parishioners -each and every one of you. Your generosity—whether through your time, your financial gifts, or your unique skills—is a living, breathing expression of gratitude to God. You are 'the hands and feet of Christ' in this place, and we see and thank God for you.

God loves you all, and so do I.

Yours in Christ,  
*Constantine*

## A General Thanksgiving Prayer

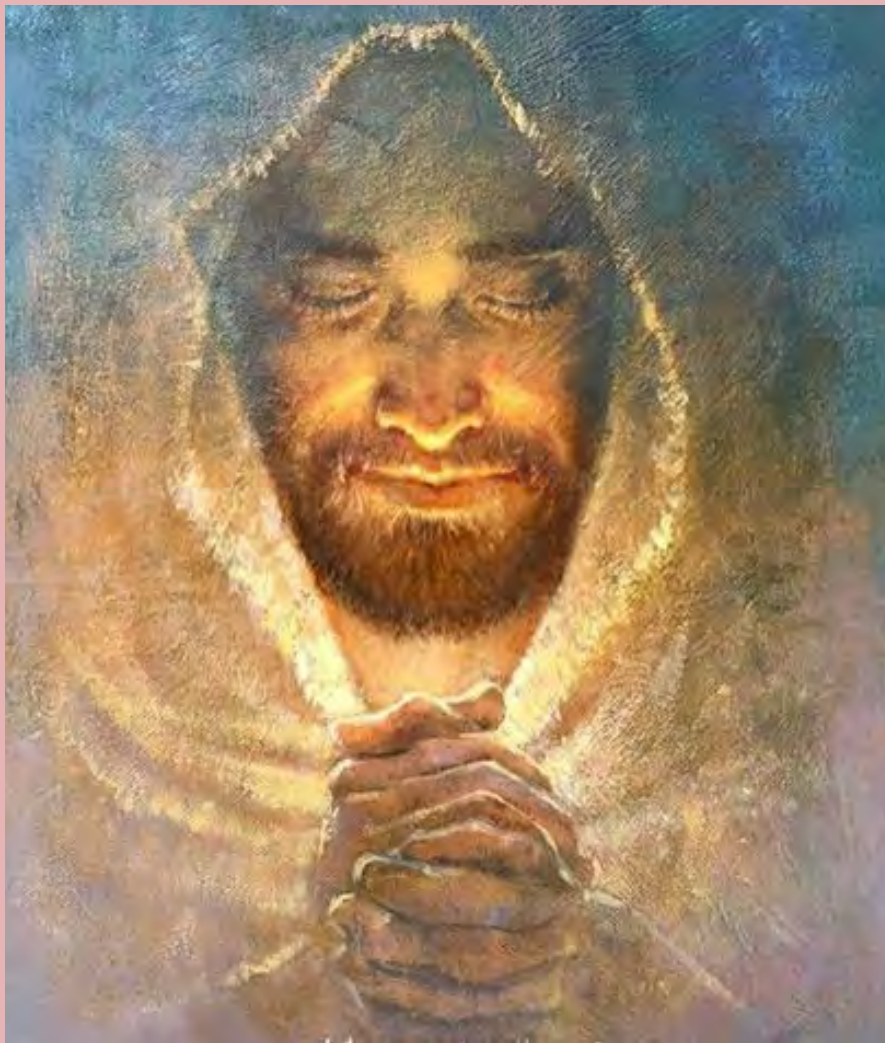
Almighty God, Father of all mercies, we your unworthy servants do give you most humble and hearty thanks for all your goodness and loving-kindness to us and to all people.

We bless you for our creation, preservation, and all the blessings of this life; but, above all, for your boundless love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we beseech you, give us that due sense of all your mercies, that our hearts may be truly thankful; and that we show forth your praise not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days;

Through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be all honour and glory, world without end. Amen.

~Bishop Edward Reynolds



# New Archbishop of Canterbury Appointed

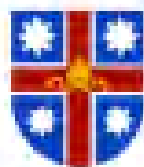


Our Parish is part of a global Anglican Communion with some 85 million members worldwide, many of them, like us, not in England, but the Global South (especially Africa where Christianity and Anglicanism are growing rapidly).

Everybody knows that the Bishop of our Diocese is Dr Murray Harvey, but who are the heads of the Anglican Church in Australia, and globally? The Primate of the Anglican Church of Australia since 2020 has been the Archbishop of Adelaide (appointed 2017), the Rev. Geoffrey Smith. A “local boy made good”, he was ordained as a priest in the Diocese of Grafton in 1983.

The newly appointed Archbishop of Canterbury is Sarah Mullally, the first woman to hold that office. They say “you cant keep a good woman down” and that’s certainly the case here. Formerly a nurse, our new Archbishop rose to the top of that profession as the Chief Nursing Officer of England, before being ordained and rising, once again, to the highest office. We welcome her and pray for her as she leads the Anglican Church in the UK and around the world.

Archbishop Smith’s letter about her appointment follows.



# Anglican Church of Australia

Primate: The Most Reverend Geoffrey Smith

## **Statement on the new Archbishop of Canterbury**

**4<sup>th</sup> October, 2025**

I welcome the news overnight of the appointment of the Right Reverend and Right Honourable Dame Sarah Mullally, as the 106<sup>th</sup> Archbishop of Canterbury.

Bishop Sarah has served as the Bishop of London since 2018. She was ordained to the priesthood in 2001 after a career as a nurse highlighted by her tenure as the Government's Chief Nursing Officer for England.

An installation service for the new Archbishop of Canterbury is scheduled for March 2026 at Canterbury Cathedral.

Bishop Sarah has said: "I want, very simply, to encourage the Church to continue to grow in confidence in the Gospel, to speak of the love that we find in Jesus Christ and for it to shape our actions."

Please join me in praying for Bishop Sarah, the Church of England, and the wider Anglican Communion, as she prepares to take on this role.

**The Most Reverend Geoffrey Smith** – *Archbishop of Adelaide & Primate of the Anglican Church of Australia*

# Blessing of the Animals

Last Sunday Constantine led a “Blessing of the Animals” Service on the lawn at St James, attended both by parishioners, as well as a few new faces - of both the human and furry/wet nosed kind. Dedicated to the memory of St Francis of Assissi and the late, great, primatologist Jane Goodall, the charming service enjoyed an abundance of glorious sunshine reminding us all of the wondrous beauty of God’s green Earth.



# **Last Chance to Join the Parish Roll**

The Parish Roll project Peter and Julie Pine have been working on is about to be finalized after a concerted effort to gather the necessary information. An abbreviated version will be circulated amongst parishioners, including the details of all those (and, more importantly only those) who agreed to share their names and phone number. A few people have yet to submit their forms so, if that's you, please do so this weekend.

## **Faithfulness in Service**



For Christians, faithfulness means living up to the example Christ provided, which, as we all know, isn't always easy in this day and age - or any other. To help us with that, the Church provides "Faithfulness in Service" training for all its volunteers who serve in one way or another, guiding them through the issues and challenges.

Many parishioners completed this training last year when it was run by Rev. Dway at St Cuthberts, Tweed Heads. But if you missed that opportunity, now's your chance to get trained up and certified. Our very own LLM Leonie Wells will teach the course to all those who need it at St James on Oct 25th.

Please indicate your intention to attend by telling Leonie, Jason or Constantine or sending an email to Ximena at [office@apok.org.au](mailto:office@apok.org.au).

# October Parish Council

Parish Council met last Wednesday night and made a slew of decisions on a range of issues ranging from safety measures and property use at the Christmas Market to welcoming the Bishop in December (to celebrate the Parish's 60 Birthday) and a timetable for proceeding with the implementation of directions from last month's Discernment Day gathering. Facilitator, Annaliese Reinhold, will meet with Council when she returns from London in November, however in the meanwhile Councillor Phil George will develop drawings based on discussions that day and her preliminary report.

Consistent with a previous Council decision about transparent governance, the minutes of all Parish Council meetings will be displayed on noticeboards at both Centres for all to read.

## Parish Getting 'Busy' Again

Its getting close to "that time of the year" again and our (supposedly) sleepy little sea-side Parish is about to get busy again. In the next few months, as Christmas approaches, we have the following major events scheduled

### **Saturday, 1 November**

Ecumenical Men's Breakfast – Parish Hall, St James

### **Monday, 17 November**

Soup Kitchen Re-launch – Parish Hall, St James

### **Saturday, 22 November**

Christmas Market – St James

### **Wednesday, 3 December**

Parish 60th Birthday Celebration: Evening Prayer, followed by Community BBQ at 5pm – St Mark's

### **Friday, 5 December**

Parish 60th Birthday Celebration (with Bishop Murray) at 10am & Brunch – St James

# Call to Action – Volunteers Needed for Lifebridge Seniors Programs

Lifebridge has been a wonderful place of connection and joy for our senior community here in Kingscliff. Each week, over 20 group programs run from the Lifebridge Cottage and out in the community, giving seniors purpose, enjoyment, and companionship, while living independently at home.

Many of you will know Marg and Ralph Dephoff, who have been part of these groups for years, sharing their love of life and music with great energy and enthusiasm!



Now, Lifebridge is inviting more people to be part of this mission. Volunteers play a vital role—offering friendship, connection, and support alongside the dedicated staff team. Whether you can give a day or just a few hours, your presence can make a real difference.

✉ If you would like to learn more or get involved, please contact Nicola on 0436 656 237 or email [Nicola.stone@lifebridge.com.au](mailto:Nicola.stone@lifebridge.com.au).

## Contemporary Service to Rock St James on Sunday

Fans of the Contemporary Service at St James, know that at 5pm on the second Sunday of every month the house of God rocks out to the wonderful sounds of Gospel music provided by a live band on stage. Together with challenging messages from a range of speakers and a more casual style of worship, it makes for an inspiring evening that's just a little bit different from what we Anglicans usually offer. So, as the Bible tells us: "Be there or be square!"



Helping children in need through the power of art

## Pencil Tree Fundraiser

# Fashion Parade

**Help educate needy children in India**

**Enjoy the latest fashions from  
Drift Boutique Cabarita**



- Includes a delicious meal
- Lucky door prize
- Gifts and raffles
- Cost \$50 BYO drinks



**To book online use the QR code  
focus your phone camera on the code**

**18 October 2025  
4:00pm - 7:00pm**

**The Nook Italian Bistro  
87-89 Tweed Coast Rd, Hastings Point  
(02) 6670 4444**



**Overflowing  
grace**

*John 1:16*



**Open doors**

*Revelation 3:8*



**Overcoming  
battles**

*Romans 8:37*

May the "O"  
in October  
stand for..

*@saltandlight.words*



**Outpouring of  
blessings**

*Malachi 3:10*



**Ongoing  
faithfulness**

*Lamentations 3:22-23*



**Overflowing  
hope**

*Romans 15:13*

## Prayer of the Week

Almighty God,  
in your wisdom you have so  
ordered our earthly life  
that we must walk by faith  
and not by sight:  
give us such trust in your  
fatherly care  
that in the face of all  
perplexities  
we may give proof of our faith  
by the courage of our lives;  
through Jesus Christ our Lord.  
Amen.



## Bank Account Details

If you would like to contribute financially to the life and mission of both churches in the Parish of Kingscliff by electronic means, our bank account details are:

**BSB:** 062-673

**Account:** 1001 5155

**Account Name:** Anglican Parish of Kingscliff

Thank you for your support, we appreciate your generosity.

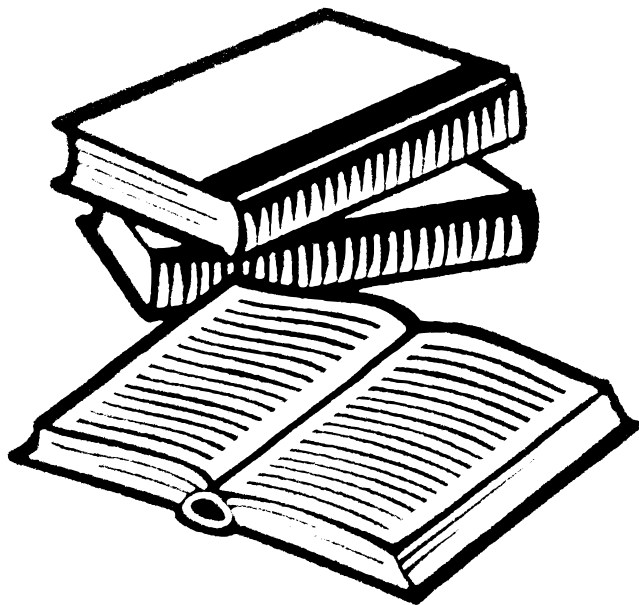
# Parish Food Ministry

The Parish would like to thank all who helped distribute the meals through the Food Ministry this week, add both St Marks and St James. Well done all for keeping this vital long running ministry alive.

St James -73 meals

St Marks -31 meals

Praise be to God!



## Sunday Worship Readings

### Sunday 12 October 2025

Jeremiah 29.1,4-7

Psalms 66.1-11

2 Timothy 2.(1-7) 8-15

Luke 17.11-19

### Sunday 19 October 2025

Jeremiah 31.27-34

Psalms 119.97-104

2 Timothy 3.10-4.5

Luke 18.1-14

# Service Schedule

## St James

**Sunday 12 October 2025**

8.30am

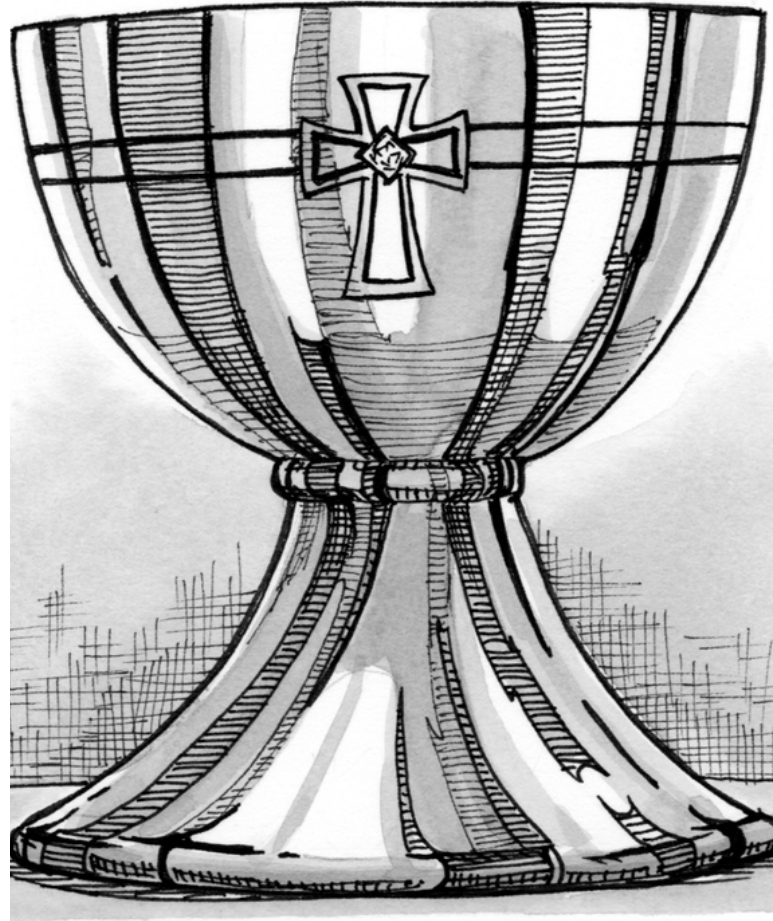
Rev. Constantine Osuchukwu

## St Marks

**Sunday 12 October 2025**

10.30am

Rev. Constantine Osuchukwu



## Contacts

### Parish Office

02 6674 1513

[www.apok.org.au](http://www.apok.org.au)

[office@apok.org.au](mailto:office@apok.org.au)

### Rector

Reverend Constantine Osuchukwu

0435 750 155

[rector@apok.org.au](mailto:rector@apok.org.au)

### Wardens

Stephen Elworthy

0408 757 876

Jason Saltearn

0406 450 056

[jsaltearn@gmail.com](mailto:jsaltearn@gmail.com)

Peter Pine

0407 732 440

# Parish Calendar for October 2025

## ● Mondays

- U3A Art Group – St Mark's Pottsville, 9:00am–12:00pm
- Bible Study – St James Parish Hall, 2:00pm–4:00pm
- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm

## ● Tuesdays

- Justice of the Peace – St Mark's Pottsville, 9:00am–12:00pm
- Meal Handout – St Mark's Pottsville 11:00am–1:00pm
  - Holy Communion/Eucharist – St Mark's Pottsville, 12.30pm -1,00pm
- Bible Study – St Mark's Pottsville Hall, 4:00pm
- AA Meeting – St James Kingscliff, 7:30pm
- Pottsville Community Association – Last Tuesday of the month, 6:00pm

## ● Wednesdays

- Holy Communion/Eucharist – St James Kingscliff, 10:00am
- 'Lectio Divina' (Holy Reading of the Bible) – St James Kingscliff, 11:30am
- Bible Study (fortnightly) -St Mark's Pottsville, 10.00am
- Meditation (in person) – St James Kingscliff, 4:00pm & Via Zoom

### Zoom link

Meeting ID: 891 8478 4092 | Passcode: 516345

- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm

## ● Thursdays

- Ladies Craft Group – St Mark's Pottsville, 9:00am–12:00pm
- Meal Handout – St James Kingscliff, 11:00am–1:00pm
- AA Meeting – St Mark's Pottsville, 6:00pm
- Men's Bible Study – 6:30pm, Mike Sainsbury's Home.

Contact: Jason 0406 450 056

- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm

## ● Fridays

- Making Marks Art Group – St James Kingscliff, 1:00pm–4:00pm

## ● Saturdays

- Community Garden Club – St Mark's Pottsville, 9:00am–11:00am
  - Seven-Day Adventist Church at St Mark's, 9.00am -1.00pm
  - BCP Healing Service at St James Kingscliff, 1<sup>st</sup> Saturday of the month at 5pm

## ● Sundays

- Holy Communion/Eucharist
  - St James Kingscliff, 8:30am
  - St Mark's Pottsville, 10:30am
  - Contemporary Service, 2<sup>nd</sup> Sundays of the Month at St James at 5pm.

## 📌 Upcoming Events

**Contemporary Service** - Sunday, 12 October at St James at 5pm

**Parish Market Day** -22 November at St James Parish

**Parish 60<sup>th</sup> Anniversary Celebrations** -3<sup>rd</sup> and 5<sup>th</sup> December 2025