

ANGLICAN PARISH OF KINGSCLIFF
BULLETIN

Higher

“as it is in heaven”

VOL 36 OCTOBER 5, 2025



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Higher

Welcome stranger! If you are visiting St James in Kingscliff or St Marks in Pottsville, this page is especially for you. We are the two Anglican Churches in this part of the world and are delighted to welcome you to our growing Parish. You can learn more by leafing through this magazine, HIGHER, our weekly bulletin which keeps our Christian community informed and updated about all that is going on.

If you are curious to know more about our Christian faith please contact our Rector, Rev. Constantine Osuchukwu whose details can be found at the back of this bulletin. Give him a call and invite him for coffee – he’s a trained barista and will be happy to make one to your taste in our on-site coffee cart. If the sun is shining you might like to enjoy it in the café garden courtyard adjacent. Long story short, we are all about hospitality and the love of God here, and would love you to join us. You can also get a better idea of who we are what we are about by attending worship on Sundays (8.30 – 9.30 am at St James, 10.30 – 11.30 am at St Marks) and staying on for morning tea afterwards.

**All Creatures
Great and
Small**

Letter from Constantine

Dear Sisters and Brothers in Christ

‘Pray unceasingly’ (1 Thessalonians 5:17).

As we enter the final quarter of 2025, I encourage you to remain steadfast in prayer and faithful in living the Gospel. In the face of political unrest, humanitarian crises, and ecological challenges, prayer remains a powerful response. This month’s reflection invites us to live each day with hope, to turn back to God, and to draw strength from His love, Word, and grace.

October stands for:

O=Overflowing Hope. Let us pray with St Paul in the words of Romans 15:13, "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit".

C= “Come to me”, Jesus said, “all you who are weary and heavy laden and I shall give you rest” (Matthew 11:28). Only in Jesus do we find what it fully means to be human. Let us return to Him with all our hearts.

T= “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight” (Proverbs 3:5-6).

O=Overcoming battles through the power of Christ’s love (see Romans 8:31-39). As St. Paul so beautifully affirms: “No, in all these things we are more than conquerors through Him who loved us” (Romans 8:37). Whatever challenges or battles we may face in the days and months ahead, we can overcome them all through the power of Christ’s love—a love poured into our hearts through the Holy Spirit (cf. Romans 5:5). May we draw strength each day from this divine power by praying earnestly: “Come, Holy Spirit!”

B= “Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you” (Ephesians 4:32).

E=Enter his gates with thanksgiving.

“Enter His gates with thanksgiving; go into His courts with praise. Give thanks to Him and praise His name” (Psalm 100:4). Let us carry this spirit of gratitude and praise in our hearts each day. We give thanks for the many blessings we share, and we praise God not only for what He has done, but for who He is—our loving Father, who cares for us with the tenderness and compassion of a mother.

R=Renewal of our minds.

“Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will” (Romans 12:2). The world around us is a mirror of the hearts and minds of those who live in it. If we long for change, we must begin with ourselves. Through repentance—*metanoia*, a change of mind and heart—we participate in the transformation not only of our own lives but of the world we share.

This truth is echoed in the ancient wisdom of Lao Tzu:

“If there is to be peace in the world,
There must be peace in the nations.
If there is to be peace in the nations,
There must be peace in the cities.
If there is to be peace in the cities,
There must be peace between neighbors.
If there is to be peace between neighbors,
There must be peace in the home.
If there is to be peace in the home,
There must be peace in the heart.”

As we embrace prayer and authentic Christian living, may God grant us health, hope, grace and abundant blessings in every way.

Thank you for being you.

Yours in Christ
Constantine

St. Therese's Prayer: By St. Therese of Lisieux, the 'Little Flower'

May today there be peace within.

May you trust God that you are exactly where you are meant to be.

May you not forget the infinite possibilities that are born of faith.

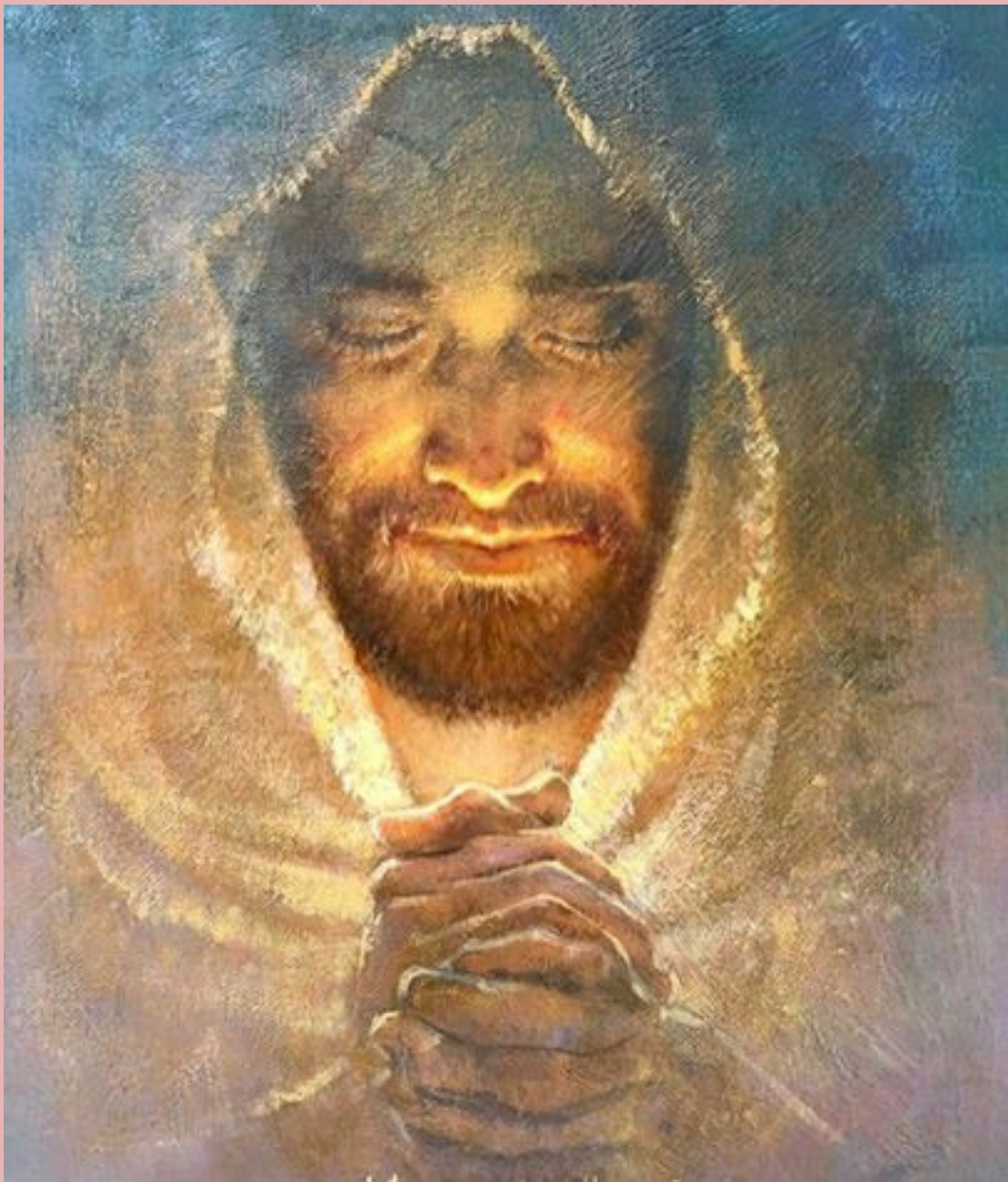
May you use those gifts that you have received, and pass on the love that has been given to you.

May you be content knowing you are a child of God.

Let this presence settle into your bones, and allow your soul the freedom to sing, dance, praise and love.

It is there for each and every one of us.

Amen



Discernment Day Report Delivered

Discernment Day Facilitator Annaliese Reinholt has delivered her summary of the days discussions to Rev. Constantine who will bring it to Parish Council for further discussion and discernment.

Parish Council to Meet Wed 8th

Parish Council will meet in the St James Church Hall next Wednesday to hear reports on all aspects of Parish life (ministries, events, technology, safety, etc) and to ponder the findings of the Discernment Day Report as it seeks to identify the way forward God has in mind for us. Apologies have been received from Warden Stephen Elworthy who is enjoying a well-earned break, away in Gundagai for a family reunion event. As always, this is an open meeting that any parishioner may attend.

Christmas Hampers Taking Shape

Raewyn and the Christmas Market team will gather on Friday to assemble the Christmas hampers, log the contents of each and prepare the ticket books for distribution. The gifts which make up the hampers have been donated by generous parishioners and local businesses so thanks to all those who gave. The rest of us can contribute by selling as many tickets as we can so that this project raises valuable funds to be put to use buying ingredients and cooking equipment for the Soup Kitchen.



Soup Kitchen Update

With all the focus and excitement surrounding preparations for the Christmas Market, the start date of our regular Soup Kitchen community meal (to be held on Monday evenings) has been postponed just a little. Many of our wonderful volunteers are giving their time and energy to both events, and we want to make sure they're not "tuckered out" before they have the chance to serve free "tucker" with their usual warmth and care. The Soup Kitchen will be up and running again very soon – so watch this space for the official start date, and thank you for your patience and support in the meantime!



Sing to Connect 🎵

📅 Fridays, 9:30-11:00 am

📍 St James Anglican Church, Marine Parade, Kingscliff
Traditional, gospel, and modern songs in a fun, welcoming space.

🌟 All welcome. Gold coin donation.

☎ Contact: Wendy Hawkins – 0421 651 524

🌟 Christmas Market performers wanted

🎄 Would you like to perform at the Christmas Market on Friday 22 November?

☎ Call Wendy on 0421 651 524 to book a time slot.



All Creatures Great And Small; The Blessing of the Animals

Don't forget the blessing of the animals at St James this Sunday at 8:30 am. All pets welcome. And a sausage sizzle for the kids!



Pencil Tree Fundraiser

Fashion Parade

Help educate needy children in India

**Enjoy the latest fashions from
Drift Boutique Cabarita**



- Includes a delicious meal
- Lucky door prize
- Gifts and raffles
- Cost \$50 BYO drinks



**To book online use the QR code
focus your phone camera on the code**

**18 October 2025
4:00pm - 7:00pm**

**The Nook Italian Bistro
87-89 Tweed Coast Rd, Hastings Point
(02) 6670 4444**



HEALING EUCHARIST

The 1st Saturday in Every Month

5pm

St James Anglican Church, 122 Marine Pde, Kingscliff

Do you carry worry, pain, or grief?

On Saturday nights, our church gathers in stillness and beauty to break bread and pray for healing. This is a time to pause – to place both wounds and hopes before the God who heals.

Shaped by the timeless words of the Book of Common Prayer, with space for silence, and anointing for healing, this is not a service of noise or performance. It is a quiet offering – for all who carry pain in body, mind, or spirit.

Questions? Want to talk to someone first?

Contact us: 0435 750 155 || office@apok.org.au

Find us online: apok.org.au || FB Kingscliff Anglican Church



**Overflowing
grace**

John 1:16



Open doors

Revelation 3:8



**Overcoming
battles**

Romans 8:37

May the "O"
in October
stand for..

@saltandlight.words



**Outpouring of
blessings**

Malachi 3:10



**Ongoing
faithfulness**

Lamentations 3:22-23



**Overflowing
hope**

Romans 15:13



Anglican Parish of Kingscliff and Pottsville

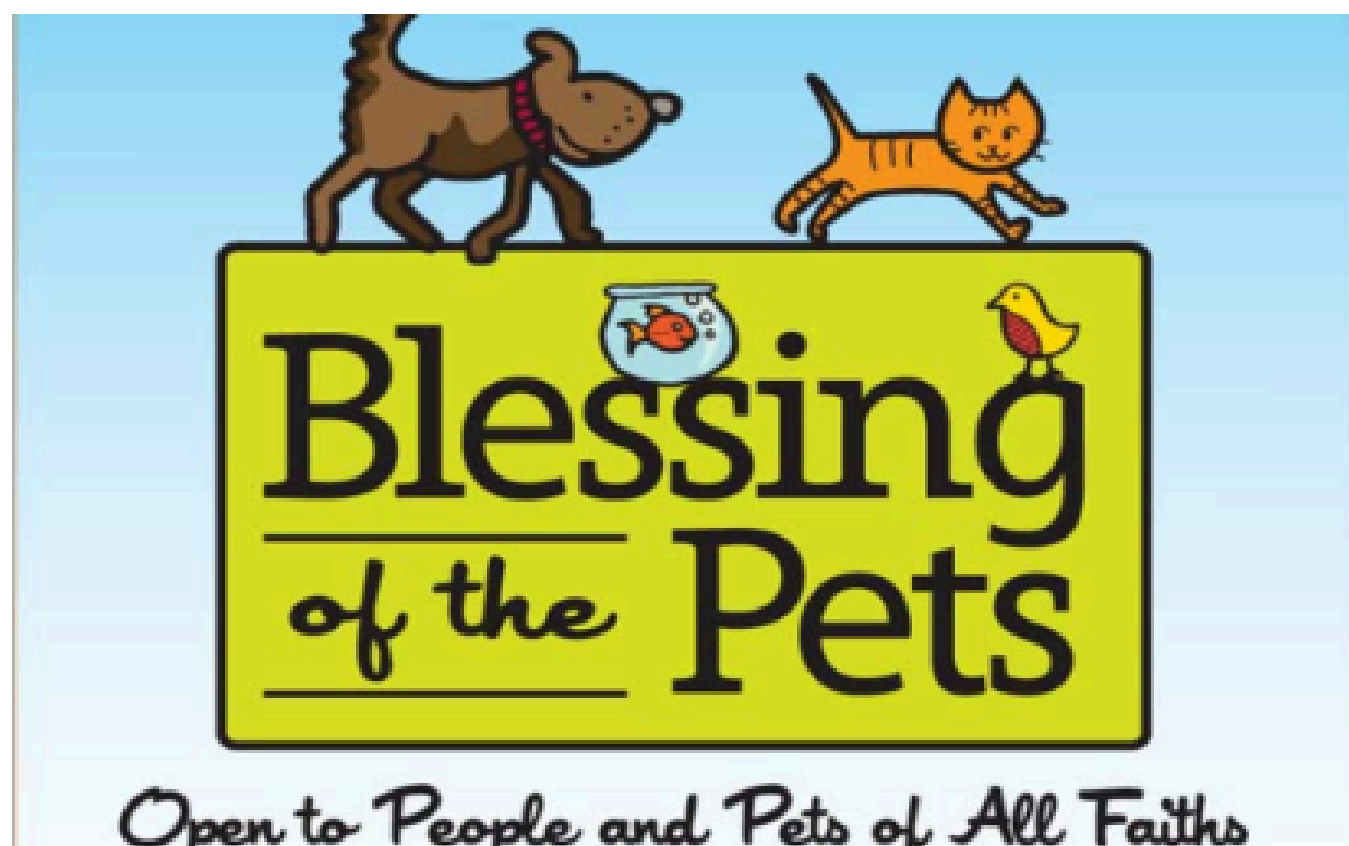
INVITES YOU TO

A KIDS IN CHURCH AT KINGSCLIFF

(KICK) SERVICE

Sunday 5 October 2025, 8.30am

IN HONOUR OF ST. FRANCIS OF ASSISI AND ALL OF CREATION



**People and Pets of all ages
Welcome
(or photos of pets)**

Individual blessings

Donations for RSPCA welcomed

Pets must be friendly and either on a leash (dogs), in carriers (cats), or in cages, fish bowls or terrariums.

What: **KICK Service (outdoors)**

Followed by: **Sausage Sizzle and
Morning Tea (outdoors)**

When: **5 October 8.30 am**

Where: St. James Church,
122 Marine Parade, Kingscliff

apok.org.au

Prayer of the Week

Generous God,
whose hand is open to fill all
things living with
plenteousness:
make us ever thankful for your
goodness,
and grant that we,
remembering the account that
we must one day give,
may be faithful stewards of
your bounty;
through Jesus Christ our Lord.
Amen.



Bank Account Details

If you would like to contribute financially to the life and mission of both churches in the Parish of Kingscliff by electronic means, our bank account details are:

BSB: 062-673

Account: 1001 5155

Account Name: Anglican Parish of Kingscliff

Thank you for your support, we appreciate your generosity.

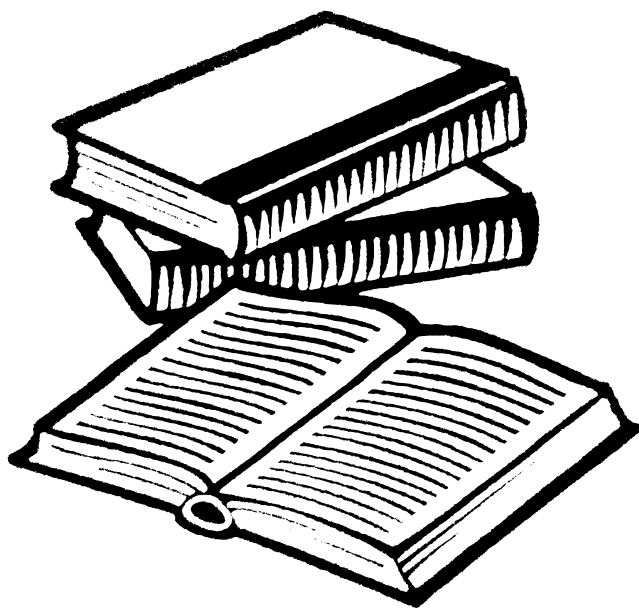
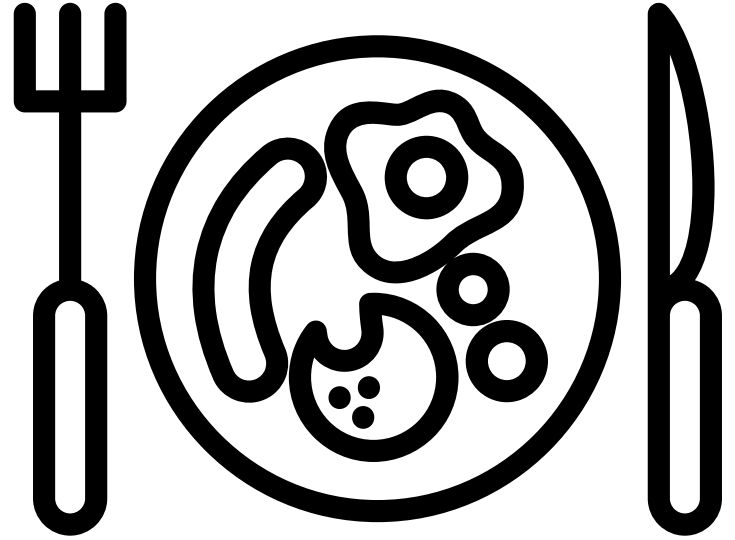
Parish Food Ministry

The Parish would like to thank all who helped distribute the meals through the Food Ministry this week, add both St Marks and St James. Well done all for keeping this vital long running ministry alive.

St James -65 meals

St Marks -57 meals

Praise be to God!



Sunday Worship Readings

Sunday 5 October 2025

Blessing of Animals Service at St James
(Gen 1: 20-25; Psalm 148; Matt 11:25-30)

Lamentations 1.1-6

Psalm 137

2 Timothy 1.1-14

Luke 17. (1-4)5-10

Sunday 12 October 2025

Jeremiah 29.1,4-7

Psalm 66.1-11

2 Timothy 2.(1-7)8-15

Luke 17.11-19

Service Schedule

St James

Sunday 5 October 2025

8.30am

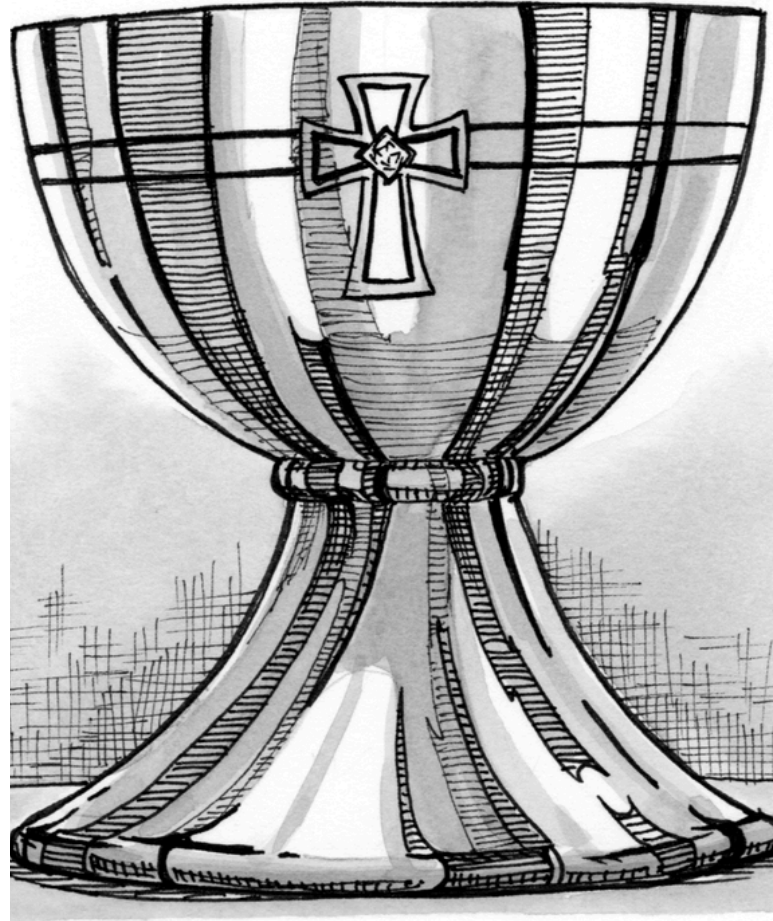
Rev. Constantine Osuchukwu

St Marks

Sunday 5 October 2025

10.30am

Rev. Constantine Osuchukwu



Contacts

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02 6674 1513

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office@apok.org.au

Rector

Reverend Constantine Osuchukwu

0435 750 155

rector@apok.org.au

Wardens

Stephen Elworthy

0408 757 876

Jason Saltearn

0406 450 056

jsaltearn@gmail.com

Peter Pine

0407 732 440

Parish Calendar for October 2025

● Mondays

- U3A Art Group – St Mark's Pottsville, 9:00am–12:00pm
- Bible Study – St James Parish Hall, 2:00pm–4:00pm
- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm

● Tuesdays

- Justice of the Peace – St Mark's Pottsville, 9:00am–12:00pm
- Meal Handout – St Mark's Pottsville 11:00am–1:00pm
 - Holy Communion/Eucharist – St Mark's Pottsville, 12.30pm -1,00pm
- Bible Study – St Mark's Pottsville Hall, 4:00pm
- AA Meeting – St James Kingscliff, 7:30pm
- Pottsville Community Association – Last Tuesday of the month, 6:00pm

● Wednesdays

- Holy Communion/Eucharist – St James Kingscliff, 10:00am
- 'Lectio Divina' (Holy Reading of the Bible) – St James Kingscliff, 11:30am
- Bible Study(fortnightly) -St Mark's Pottsville, 10.00am
- Meditation (in person) – St James Kingscliff, 4:00pm & Via Zoom

Zoom link

Meeting ID: 891 8478 4092 | Passcode: 516345

- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm

● Thursdays

- Ladies Craft Group – St Mark's Pottsville, 9:00am–12:00pm
- Meal Handout – St James Kingscliff, 11:00am–1:00pm
- AA Meeting – St Mark's Pottsville, 6:00pm
- Men's Bible Study – 6:30pm

Contact: Jason 0406 450 056

- Evening Prayer – St James Kingscliff, 5:15pm–5:30pm

● Fridays

- Making Marks Art Group – St James Kingscliff, 1:00pm–4:00pm

● Saturdays

- Community Garden Club – St Mark's Pottsville, 9:00am–11:00am
 - BCP Healing Service at St James Kingscliff, 1st Saturday of the month at 5pm

● Sundays

- Holy Communion/Eucharist
 - St James Kingscliff, 8:30am
 - St Mark's Pottsville, 10:30am
 - Contemporary Service, 2nd Sundays of the Month at St James at 5pm.

📌 Upcoming Events

Healing Service (Book of Common Prayer) -Saturday, 4 October at St James at 5pm
Kids in Church Kingscliff (KICK) -Pets Blessing Service, Sun 5 October at James at 8.30am

Parish Council Meeting – Wednesday, 8 October at St James Parish Hall

Contemporary Service - Sunday, 12 October at St James at 5pm

Parish Market Day -22 November at St James Parish